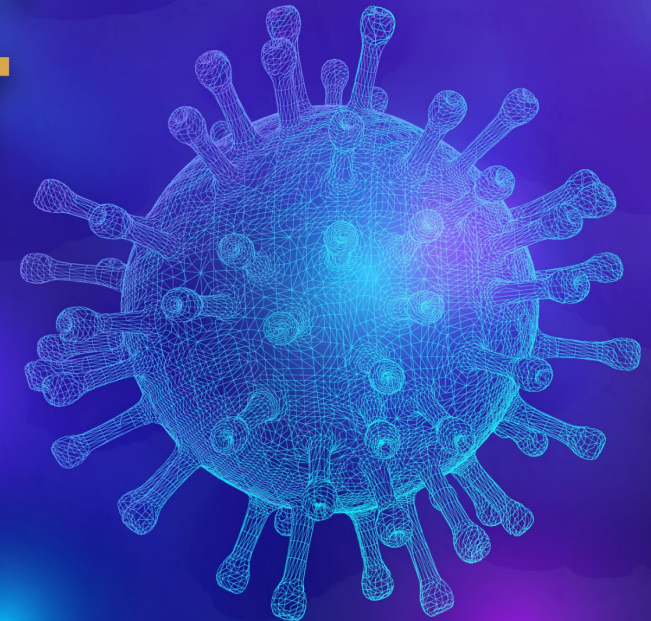




# **A BALANCING ACT:** Safety and Success in **CMV MANAGEMENT** for HCT Patients



Co-provided by  
RMEI Medical Education, LLC  
and Medical College of Wisconsin.



Supported by an educational grant from  
Takeda Pharmaceuticals U.S.A., Inc.

# Disclosures



**Genovefa Papanicolaou, MD**, has relevant financial relationship(s) with Genentech, Regeneron, Symbio (*Consultant*); Merck (*Advisor*); Advarra, Merck, Takeda (*Grant/Research Support*); Advarra, Allovir, Trellis Bioscience (*Independent Contractor*).

**Roy F. Chemaly, MD, MPH, FACP, FIDSA, CMQ**, has relevant financial relationship(s) with Adagio Therapeutics, ADMA Biologics, AiCuris, Ansun Pharmaceuticals, Astellas, InflaRX, Janssen, Karius, Merck, Moderna, Oxford Immunotec, Partner Therapeutics, Roche/Genentech, Shinogi, Takeda, Tether (*Consultant*); AiCuris, Ansun Pharmaceuticals, Eurofins-Viracor, Genentech, Karius, Oxford Immunotec, Merck, Takeda (*Researcher*).

All of the relevant financial relationships listed for these individuals have been mitigated according to the Medical College of Wisconsin policies.





# CMV Prevention and Treatment in HCT Patients

**Genovefa Papanicolaou, MD**

*Director, Infectious Disease Service*

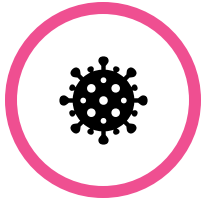
*Memorial Sloan Kettering Cancer Center*

*Professor, Medicine*

*Weill Cornell Medical College, Cornell University*

*New York, NY*

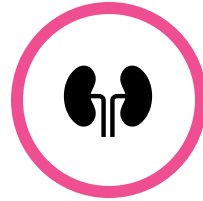
# What is Cytomegalovirus?



**Member of the  
beta herpesvirus  
group**



**Establishes life-  
long latency after  
initial infection**



**Frequently observed  
opportunistic  
pathogen in transplant  
recipients**



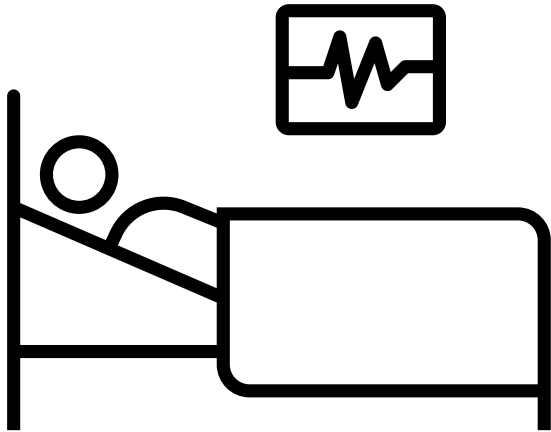
**CMV infection may  
be asymptomatic in  
transplant patients**



**Most transplant patients  
get prophylactic or  
preemptive therapy to  
prevent CMV disease**

CMV, cytomegalovirus

# Consequences of CMV in HCT



**Higher complication risk**

**Tissue invasive disease (GI tract, lungs, liver, CNS, and retina)**

**Opportunistic co-infections (viral, bacterial, and fungal)**

**Higher risk of acute GvHD in recipients of T-cell depleted grafts**

**Higher risk of chronic GvHD**

**Increased non-relapse and overall mortality**

GvHD, graft-versus-host disease; HCT, hematopoietic cell transplant

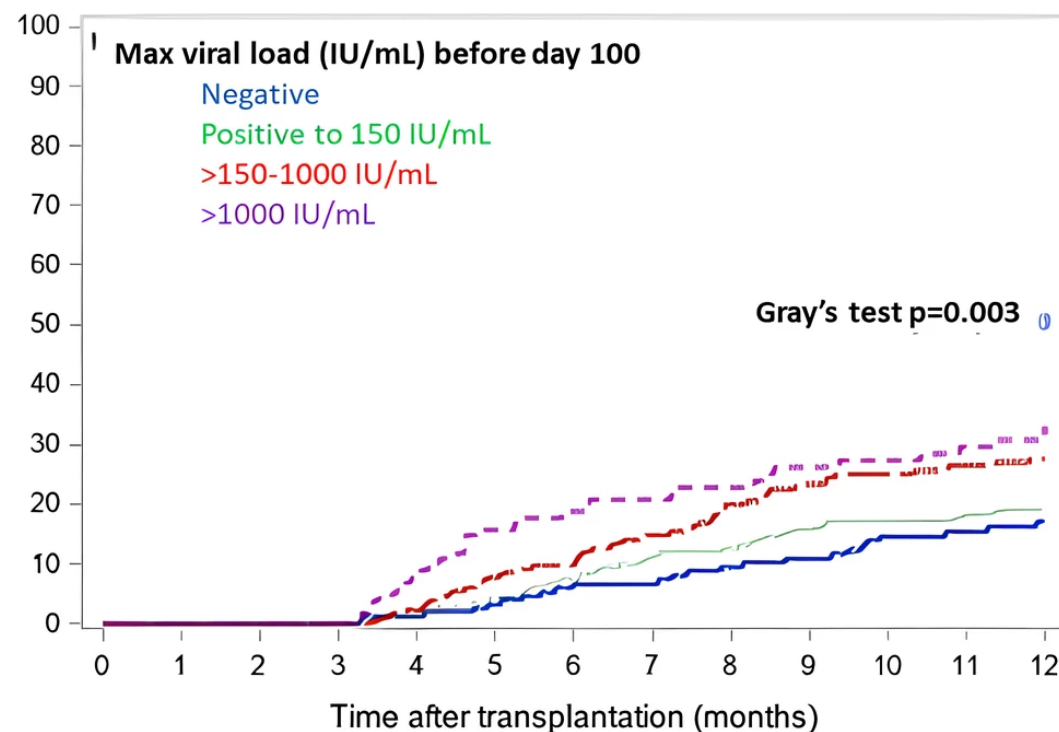
Hakki M, et al. *Transplant Cell Ther.* 2021;27(9):707-719; Boeckh M, et al. *Blood.* 2009;113(23):5711-5719; Ljungman P, et al. *Lancet Infect Dis.* 2019;19(8):e260-e272.

# CMV Viral Load Continues to be a Strong Predictor of 1-Year Non-Relapse Mortality Post-HCT



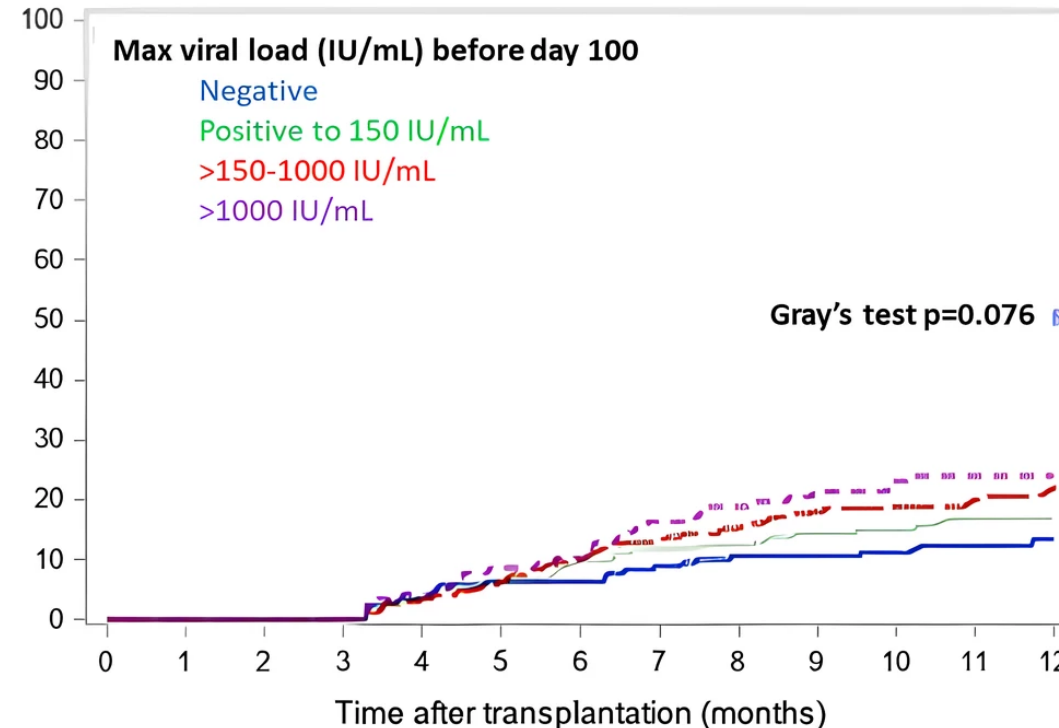
## Cumulative Incidence of NRM by 1 Year

Among R+ HSCT Day 100 Survivors with transplant before 2/20/2013 (n=711)



## Cumulative Incidence of NRM by 1 Year

Among R+ HSCT Day 100 Survivors with transplant after 2/20/2013 (n=683)



NRM, non-relapse mortality

# Risk Factors for CMV in HCT Patients



## Donor/Recipient CMV Serostatus

Highest risk:  
D-/R+

## Transplant Type

- Mismatched, unrelated, or haploidentical
- Cord blood transplant
- T-cell depletion\*

## Immuno- suppression

- Prednisone use  $\geq 1$  mg/kg/day
- Post-HCT cyclophosphamide
- Lymphopenia

## GvHD

Acute  
GvHD

## Age

Advanced  
Age

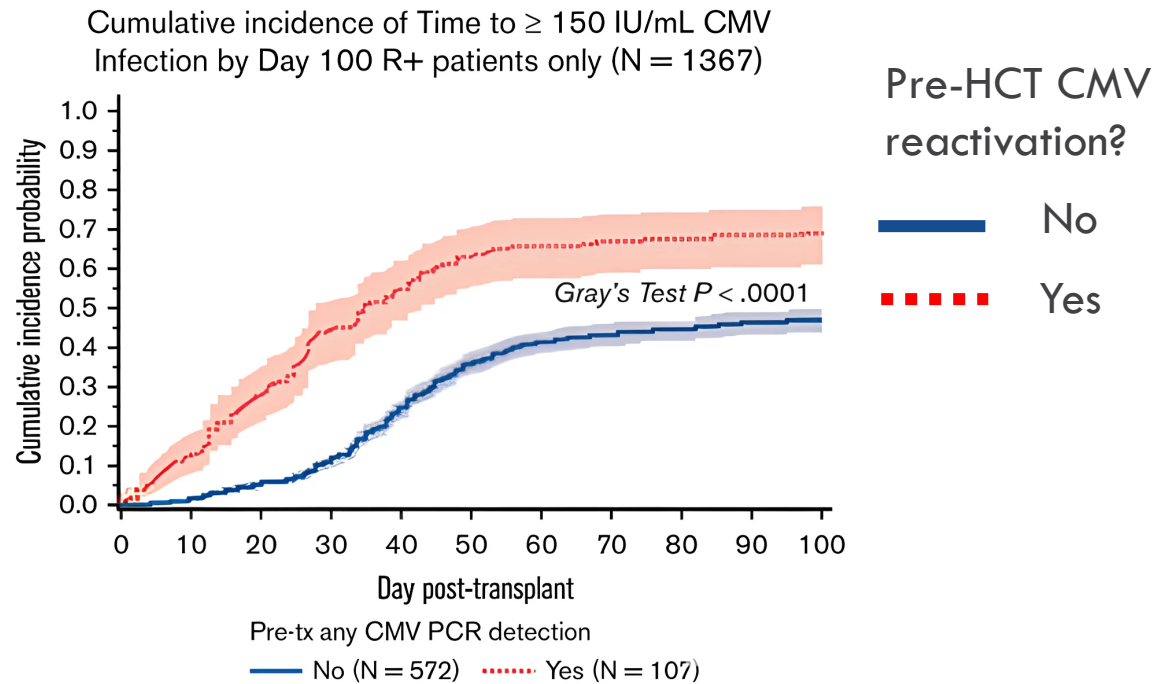


# CMV Reactivation Pre-Transplant is a Risk Factor for CMV Post-HCT

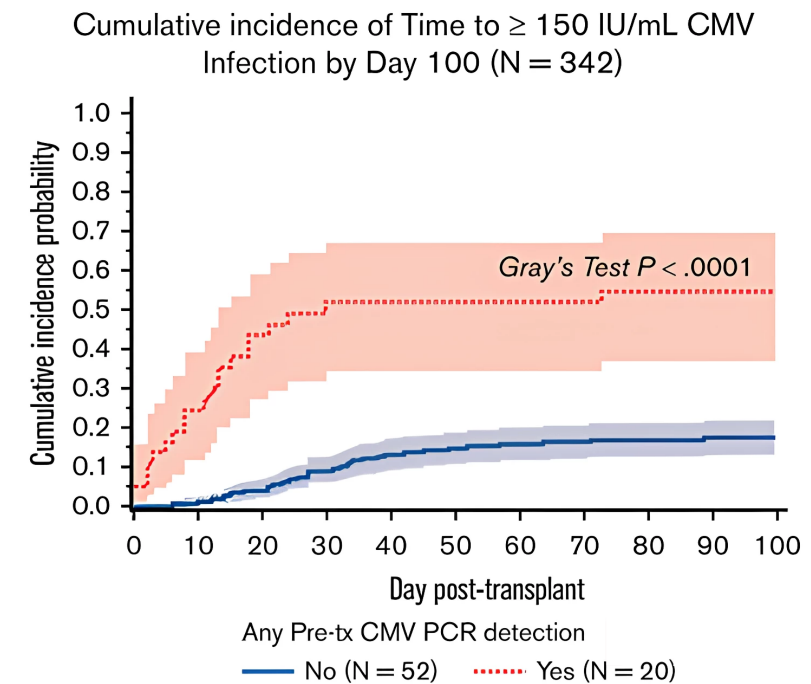


## Post-Transplant

### Preemptive Antiviral Therapy (N=1367)



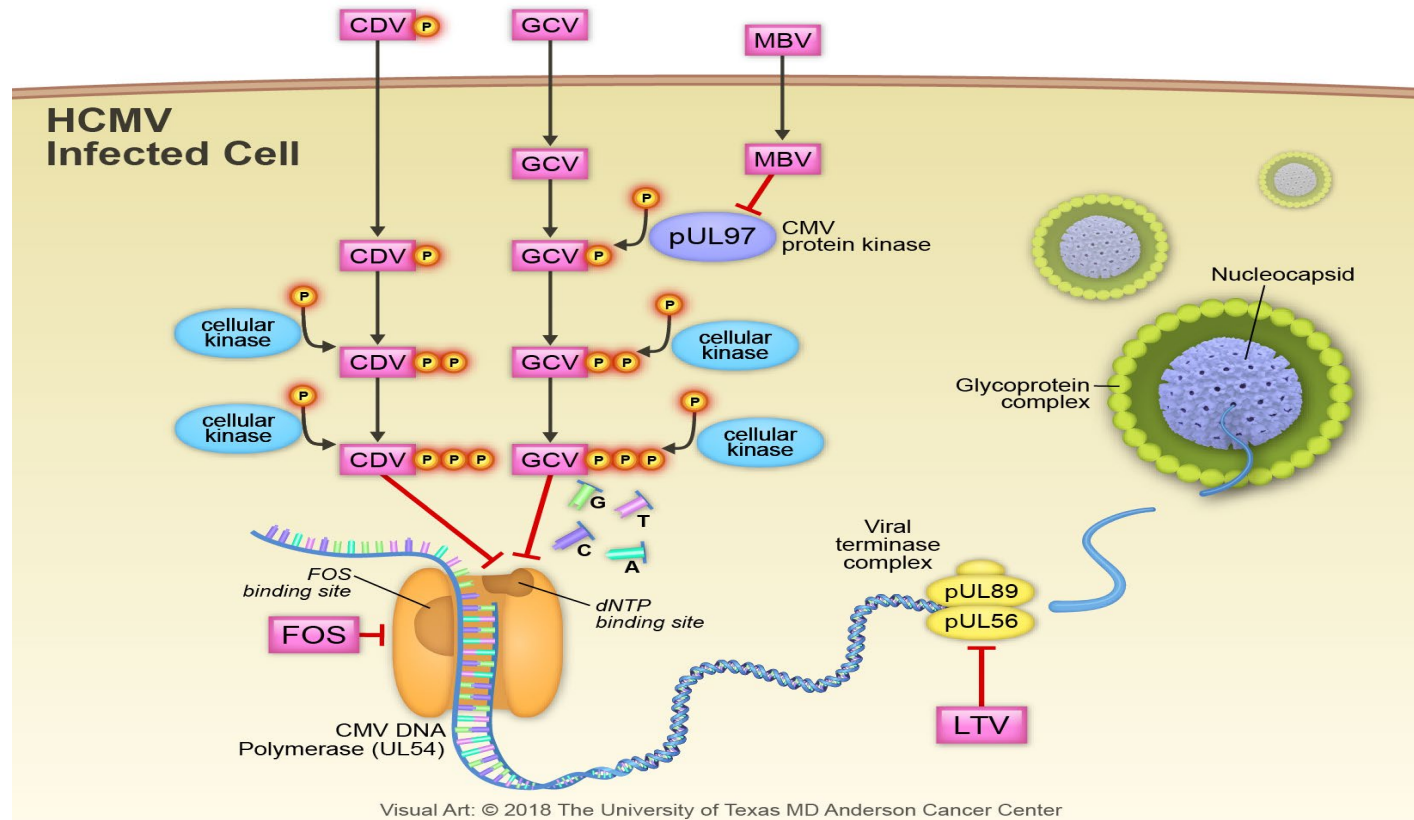
### Letermovir Prophylaxis (N=342)



**Patients with pre-HCT CMV reactivation had an ~5-fold risk of post-HCT CMV reactivation, however, the risk was lower in patients who cleared their pre-HCT CMV before HCT.**



# CMV Antivirals



## DNA Polymerase Inhibitors: Treatment

- Ganciclovir/Valganciclovir (IV/PO)
- Foscarnet (IV)
- Cidofovir (IV)
- Brincidofovir (IV, in Phase 2)\*

## CMV-specific pathways downstream of DNA polymerase

- Letermovir (Prophylaxis)
- Maribavir (Treatment)

HCMV, human cytomegalovirus; CDV, cidofovir; FOS, foscarnet; GCV, ganciclovir; LTV, letermovir; MBV, maribavir

Foolad F, et al. *Expert Rev Clin Pharmacol*. 2018;11(10):931-941.

\*NCT04706923

# Prophylaxis versus Preemptive Therapy



	PROPHYLAXIS	PRE-EMPTIVE THERAPY
<b>Description</b>	<ul style="list-style-type: none"> <li>Antivirals for all patients at risk prior to the onset of CMV infection</li> </ul>	<ul style="list-style-type: none"> <li>Routine monitoring for CMV infection</li> <li>Treatment upon detection of asymptomatic CMV infection</li> </ul>
<b>Pros</b>	<ul style="list-style-type: none"> <li>Can prevent direct and indirect effects</li> <li>Viral load (VL) monitoring not required (if agent is effective)</li> <li>CMV disease may occur without detectable CMV DNA</li> <li><b>Potential impact on all-cause mortality</b></li> </ul>	<ul style="list-style-type: none"> <li>Targets patients at highest risk</li> <li>Minimizes overtreatment and toxicity</li> <li>May improve CMV-specific immune reconstitution</li> </ul>
<b>Cons</b>	<ul style="list-style-type: none"> <li>Potential for overtreatment/added cost</li> <li>Potential for unnecessary exposure to drug toxicity (reduced with letermovir; GCV: hematologic; foscarnet: renal)</li> <li><b>May delay CMV-specific immune reconstitution</b></li> </ul>	<ul style="list-style-type: none"> <li>Potential to miss cases of CMV disease not preceded by DNAemia or antigenemia</li> <li>Relies on availability of CMV testing</li> <li>Concern for drug resistance</li> <li><b>Concern for survival disadvantage</b></li> </ul>

# Resistance to CMV Antivirals



	Maribavir	Valganciclovir
<b>Preemptive Therapy</b> (First line)	10% Median 56 days	(2.5%) Median 90 days
<b>Refractory</b>	26% Median 56 days	

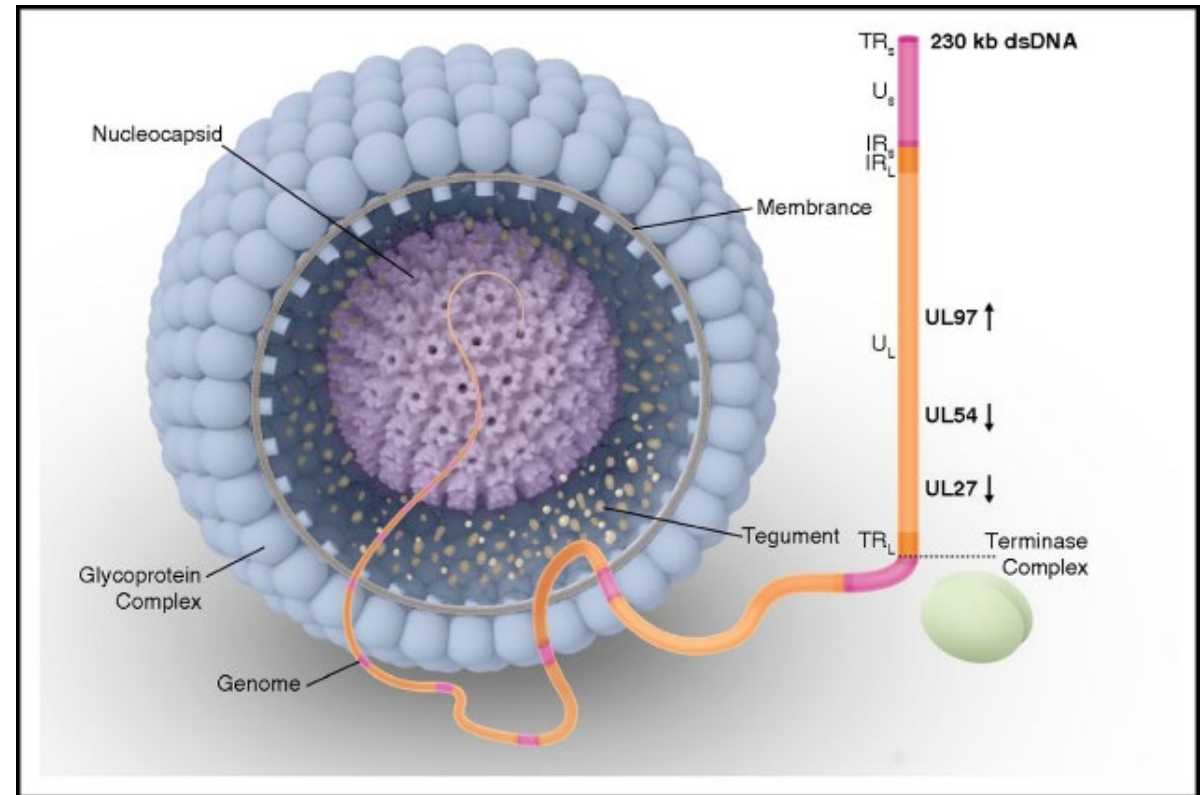
Rebound CMV DNAemia during maribavir treatment is usually due to resistance.

## Mechanism of Action

- CMV replication involves cleaving of concatemeric genomic DNA and packaging of each genome into preformed virus capsids by the CMV terminase complex (UL56, UL89)
- Letermovir inhibits the terminase complex by binding to UL56

## Use

- Approved for prophylaxis of CMV infection and disease in adult CMV-seropositive recipients of an allogeneic HCT
- Approved for prophylaxis in high-risk kidney transplant recipients (Donor+/Recipient-)
- Not myelosuppressive or nephrotoxic



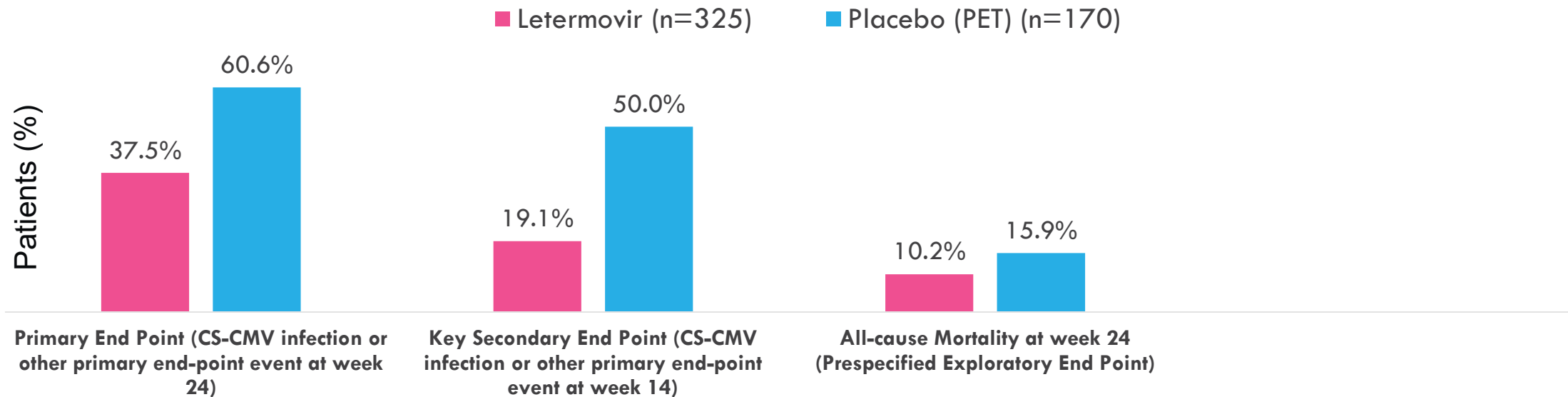


## Protocol 01

# Phase 3: Letermovir Prophylaxis for CMV in R+ HSCT



- Randomized, placebo controlled, double-blind, multi-center superiority study of adult CMV R+ HSCT
- 67 centers, 20 countries
- Randomized 2:1 to letermovir or placebo, PO or IV, through week 14 (day 100) after transplantation



**CS-CMV Infection** (clinically significant CMV infection) = CMV disease or CMV viremia leading to preemptive treatment

**Primary End Point** = Proportion of patients with CS-CMV infection through week 24 after transplantation among patients without detectable CMV DNA at randomization (primary efficacy population); patients who discontinued the trial for any reason before week 24 (day 168) after transplantation or who had missing data at week 24 were imputed as having a primary end-point event

**Key Secondary Endpoint** = Proportion of patients with CS-CMV infection through week 14 after transplantation

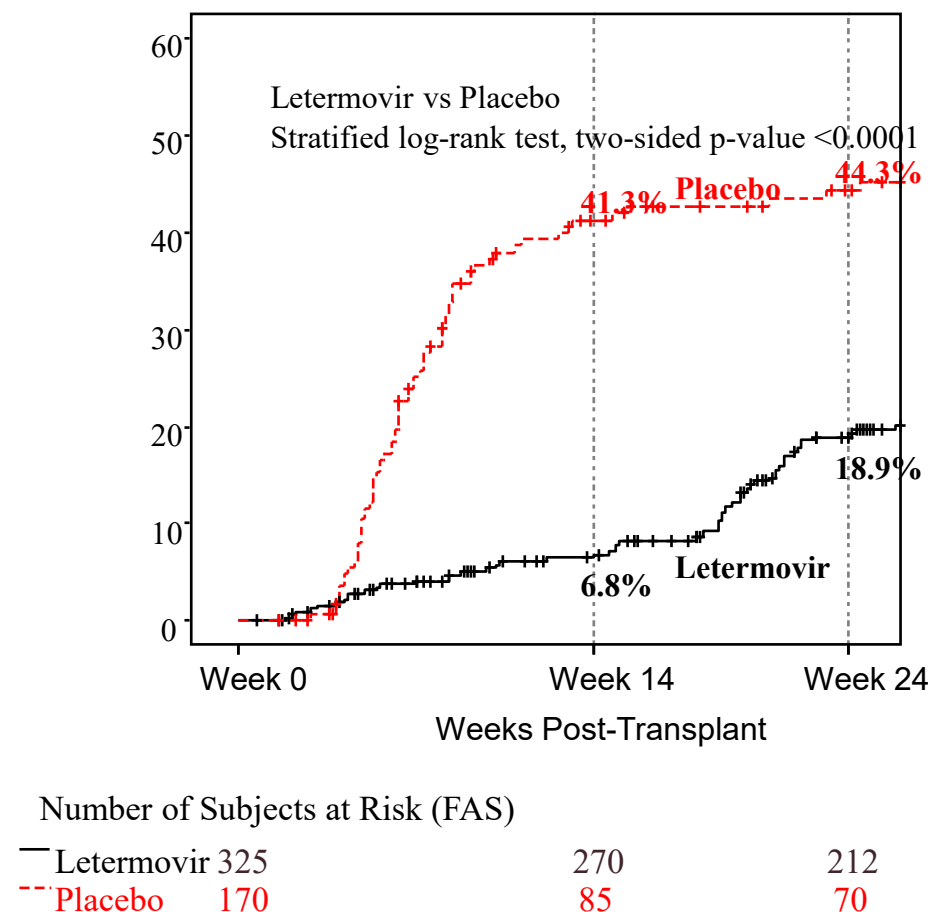
**Prespecified Exploratory Endpoint** = All cause mortality

# Background: Risk of CMV Reactivation After Completion of 100 Days of Letermovir Prophylaxis

## Rational for Protocol 40

- LET was superior to placebo in preventing CS-CMV<sub>i</sub> through week 24 (~200 days) post-transplant when administered until week 14 (~100 days) post-transplant in Protocol 001.
- There was an increased incidence of CS-CMV<sub>i</sub> after treatment ended between weeks 14 and 24 post-transplant.
- Post-hoc analyses indicated that GvHD after randomization, concomitant steroid use, and baseline high-risk stratum (as defined in Protocol 001) were associated with developing CS-CMV<sub>i</sub> following completion of 100 days of LET.

P001: Time to CS-CMV<sub>i</sub> through week 24 post-transplant



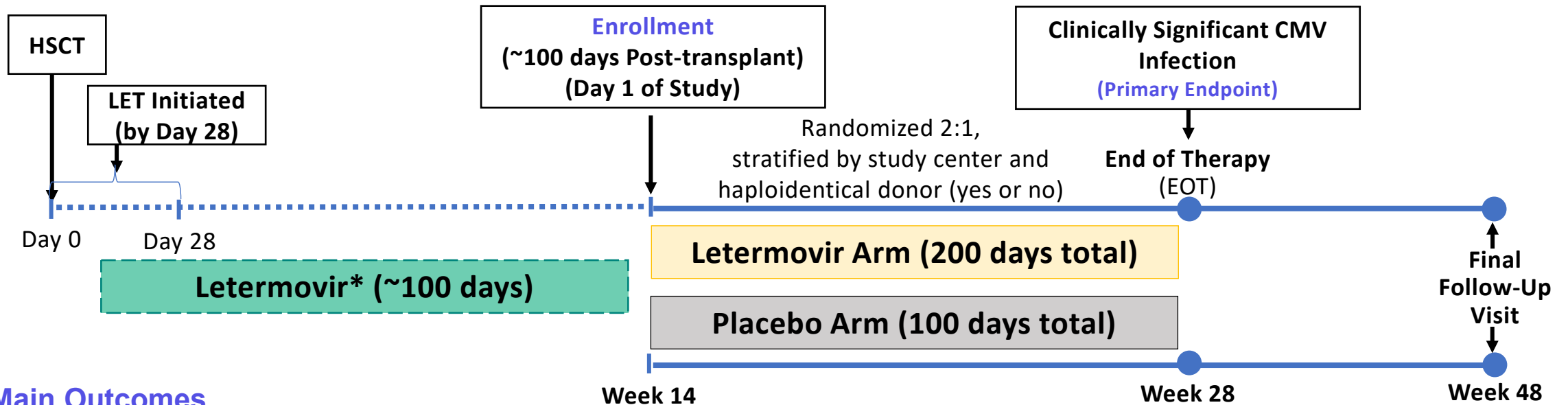
## Protocol 40

# Phase 3 Study of Extended Duration LET in High-Risk HSCT

## R+ HSCT at Risk of CMV Infection and/or Disease Beyond Day 100



- Randomized, placebo-controlled, double-blinded, superiority trial of adult CMV R+ HSCT
- 32 participating sites, 6 countries (France, Germany, Italy, Japan, UK, USA); June 21, 2019 and March 16, 2022
- 220 R+ HSCT patients randomized; 181 completed treatment (efficacy population); 218 received  $\geq 1$  dose (safety population)



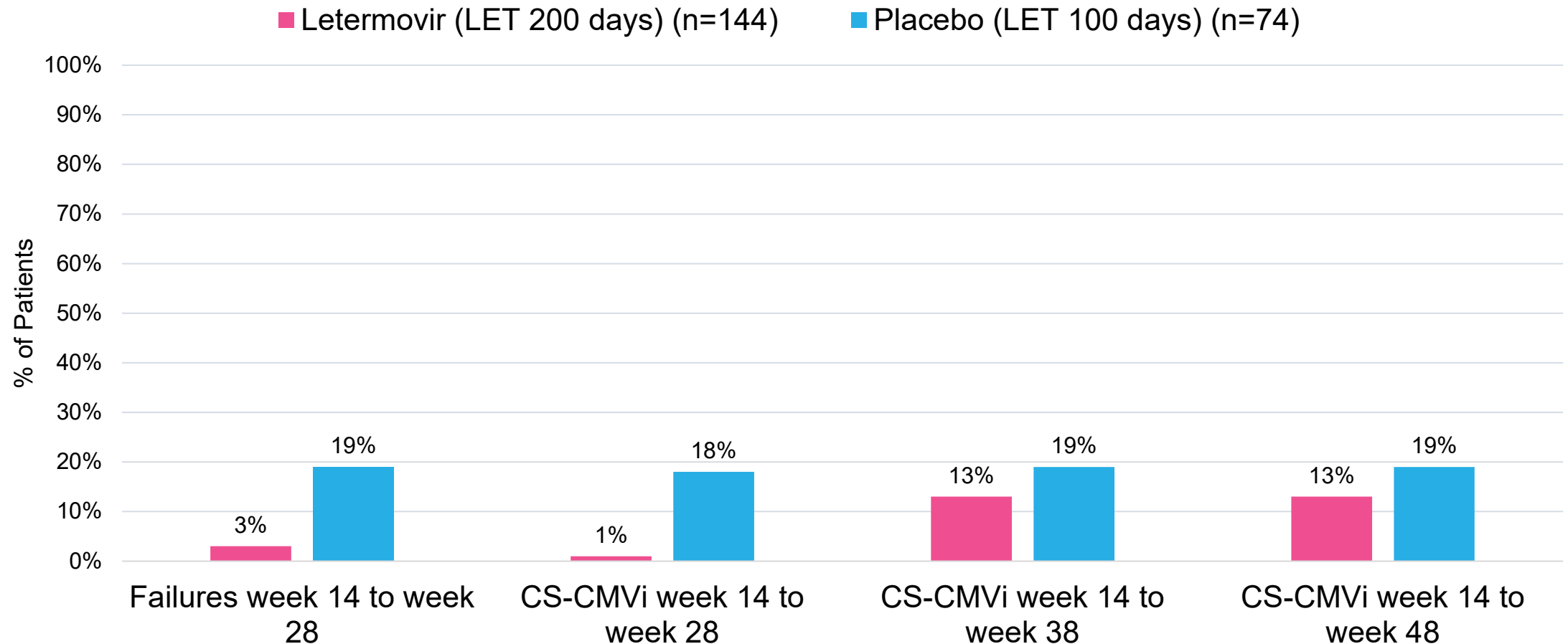
### Main Outcomes

- **Primary endpoint:** Proportion with CS-CMV infection from randomization (week 14) to end of prophylaxis at week 28
- **Secondary endpoints included:** Proportion with CS-CMV infection from randomization to week 38 and to week 48; time to onset of CS-CMV infection; proportion with PET; proportion with all-cause mortality
- **Safety and tolerability:** Adverse events (AEs) and discontinuations due to AEs

## Protocol 40

# Phase 3 Study of Extended Duration LET in High-Risk HSCT

R+ HSCT at Risk of CMV Infection and/or Disease Beyond Day 100



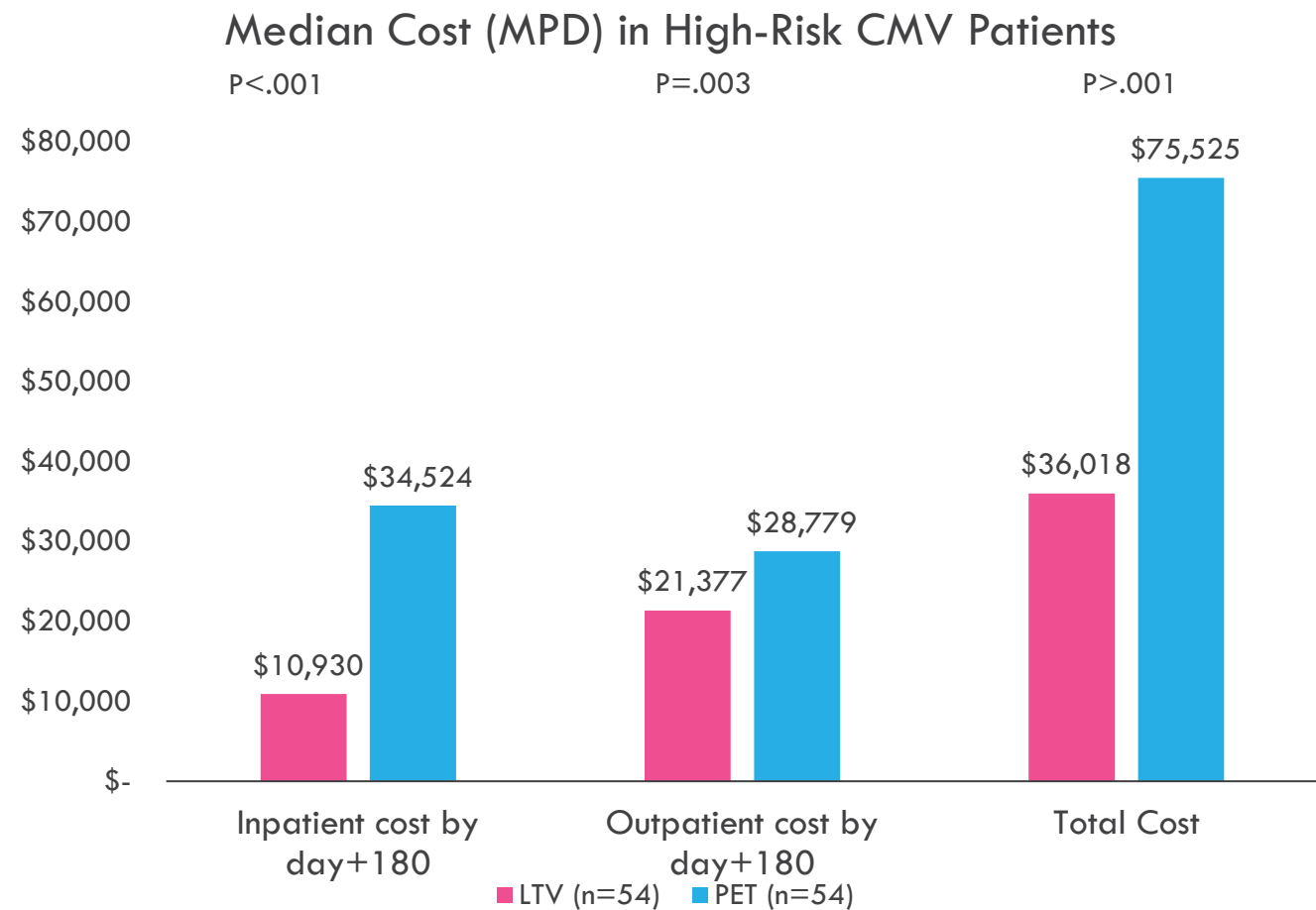
LET, letermovir; PBO, placebo; PET, pre-emptive therapy

For the primary endpoint, an observed failure approach was used to handle missing data values, in which failure was defined as all participants who developed clinically significant CMV infection or discontinued prematurely from the study with CMV viremia. The categories of failure are mutually exclusive and based on the hierarchy of categories in the order listed.

Russo D, et al. *Lancet Haematol.* 2024;11(2):e127-e135.



# Impact of Letermovir Extended Prophylaxis on Total Cost by Day 180



	LTV N=54	PET N=54	P Value
LTV duration, days, median (IQR)	157 (110, 174)		
CS-CMV infection, N (%)	11 (20.4)	38 (70.4)	< .001
Patients with ≥1 CMV-related readmissions (%)	3 (5.6)	18 (33.3)	< .001
Total outpatient visits by day+180	36 (25, 44)	42 (29, 54)	.032

MPD, Medicare Proportional Dollars; LTV, letermovir; PET, pre-emptive therapy

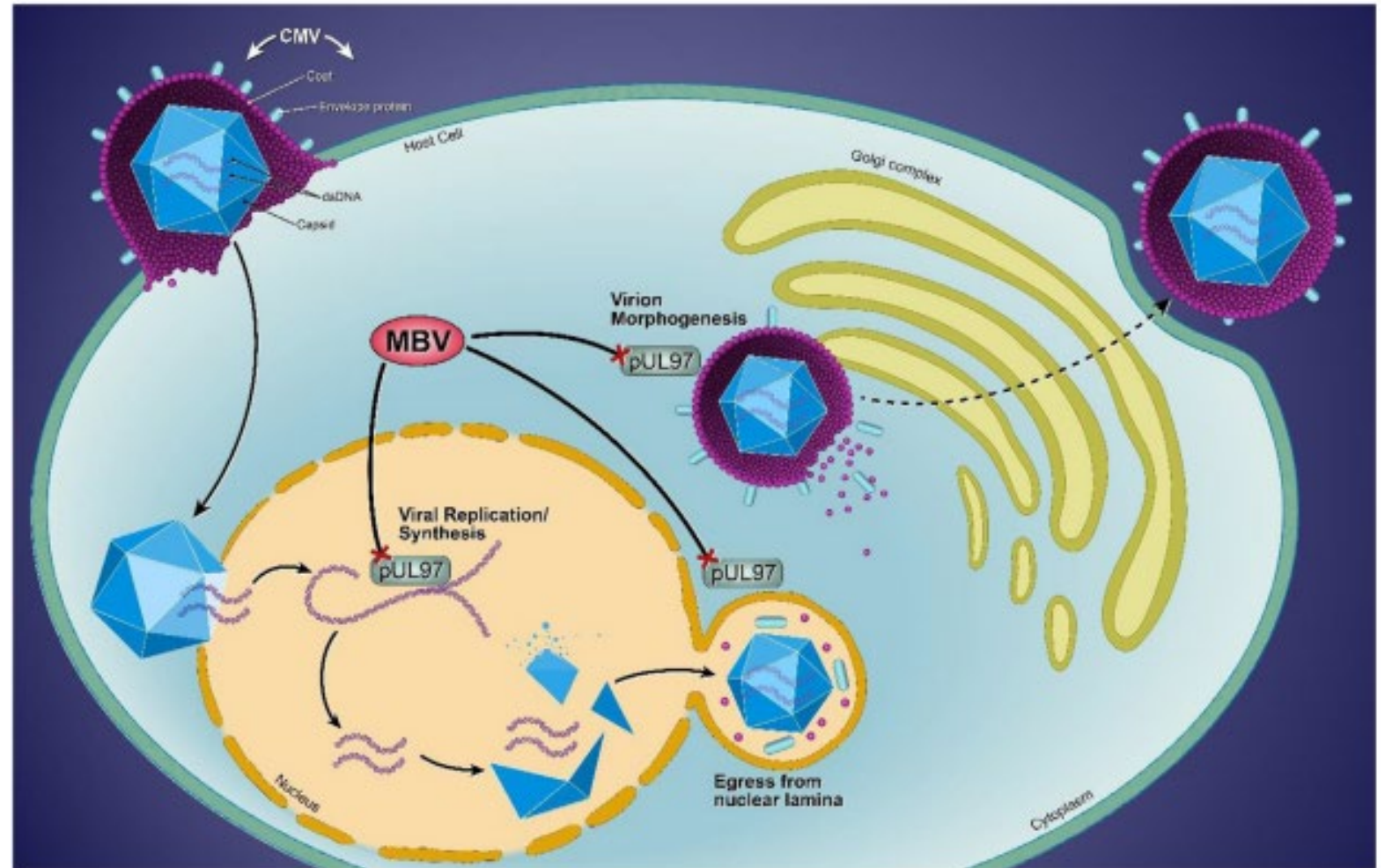
Tan CA, et al. *Transplant Cell Ther.* 2024;30(8):792.

## Mechanism of Action

Inhibits UL97 viral protein kinase

- Inhibits viral encapsidation
- Inhibits nuclear egress of viral particles

Maribavir does not affect the UL54 CMV DNA polymerase



# Treatment: Maribavir



Approved for the treatment of post-transplant CMV infection/disease that is refractory to treatment (with or without genotypic resistance) with ganciclovir, valganciclovir, cidofovir, or foscarnet



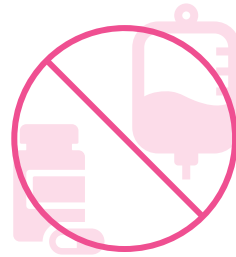
**Orally bioavailable**



**Not myelosuppressive or nephrotoxic**



**Main side effect is taste disturbance**



**Should not be used in combination with ganciclovir or valganciclovir**

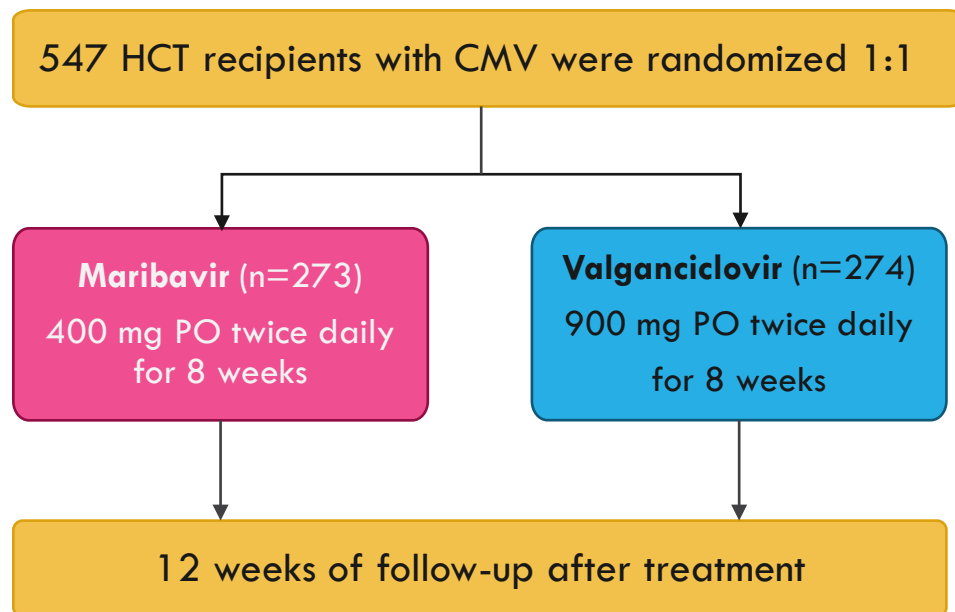


**Should not be used in case of encephalitis or retinitis**

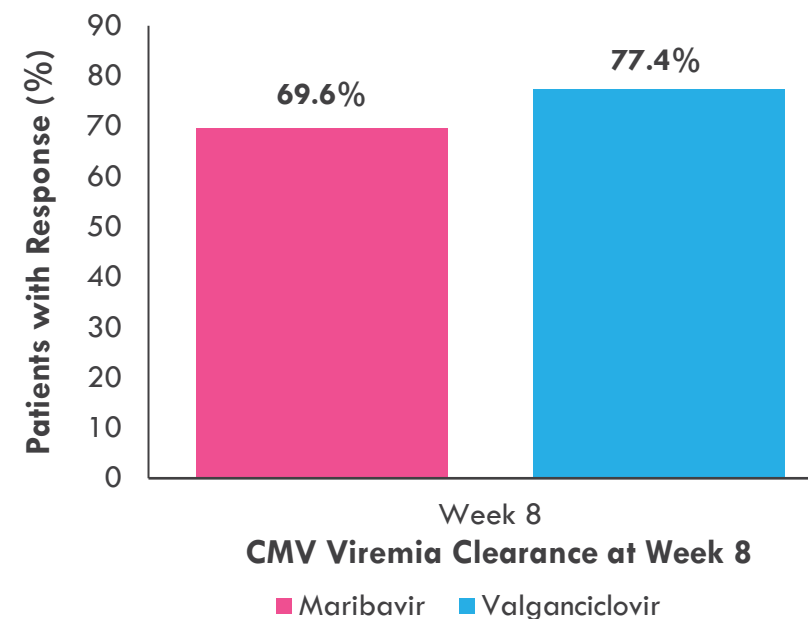


**Inhibits CYP3A4: tacrolimus dose may need to be lowered**

# Phase 3 AURORA Trial for Maribavir Preemptive Treatment of CMV in HCT



**Primary Endpoint: CMV Viremia Clearance At Week 8**



Maribavir did not meet its primary endpoint of non-inferiority versus valganciclovir based on a prespecified non-inferiority margin of 7% (maribavir 69.6% versus valganciclovir 77.4%; adjusted difference, -7.7%; 95% CI: -14.98, -0.36)

HCT, hematopoietic cell transplant

Papanicolaou GA, et al. *Clin Infect Dis*. 2024;78(3):562-572.

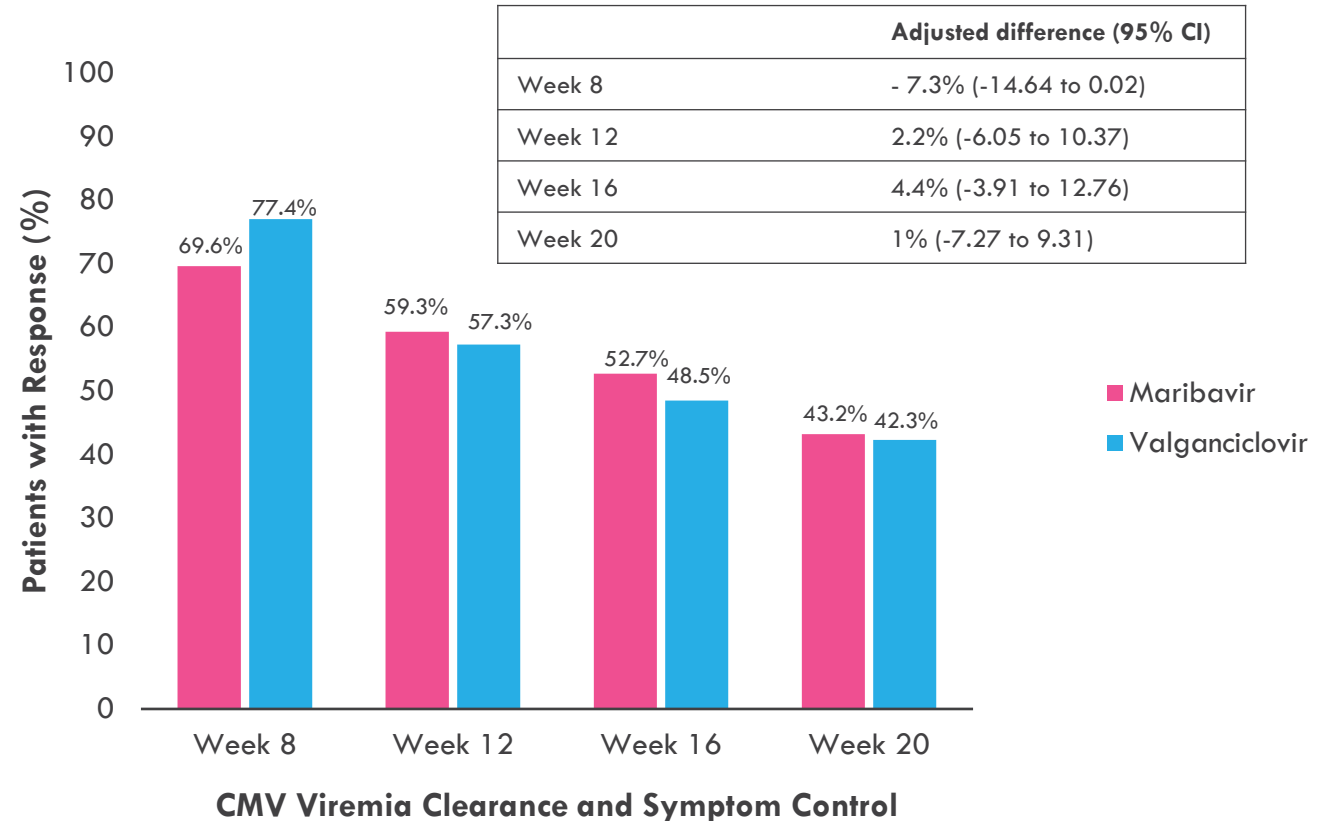


# Phase 3 AURORA Trial for Maribavir Preemptive Treatment of CMV in HCT



- A sustained maintenance effect was observed with maribavir during post-treatment evaluations at week 12 and week 20.
- Reaffirmed maribavir's favorable safety profile compared to valganciclovir.
  - Treatment-emergent neutropenia was 21.2% for maribavir versus 63.5% for valganciclovir.
  - Rate of premature discontinuation of therapy due to neutropenia was 4% for maribavir versus 17.5% for valganciclovir.

## Secondary Endpoint: Confirmed Viremia Clearance and Symptom Control



# CMV Treatment and Prophylaxis in HCT: ASTCT Guideline Recommendations



Agent	CMV target	Route of Administration	Dose per Indication*			Major Toxicities <sup>†,§</sup>	Significant Drug Interactions	CMV genes involved in resistance	Activity against other herpes viruses
			Treatment <sup>‡</sup>						
			Prophylaxis	Induction	Maintenance <sup>  </sup>				
Ganciclovir	DNA polymerase (UL54)	IV	NA <sup>¶</sup>	5 mg/kg bid	5 mg/kg/day	Cytopenias	None	kinase (UL97), UL54	HSV1&2, VZV, HHV-6
Valganciclovir	UL54	Oral	NA <sup>¶</sup>	900 mg bid <sup>#</sup> 7 × BSA × GFR bid <sup>**</sup>	900 mg/day <sup>#</sup> 7 × BSA × GFR/day <sup>**</sup>	Same as ganciclovir	None	UL97, UL54	HSV1&2, VZV, HHV-6
Foscarnet	UL54	IV	NA <sup>¶</sup>	90 mg/kg q 12 hrs or 60 mg/kg q 8 hours	90 mg/kg/day	Nephrotoxicity, electrolyte wasting, gastrointestinal	None	UL54	HSV1&2, VZV, HHV-6
Cidofovir	UL54	IV	NA <sup>¶</sup>	5 mg/kg/week	5 mg/kg every other week	Nephrotoxicity, neutropenia, headache, uveitis/iritis, diarrhea, ocular hypotony	None	UL54	HSV1&2, VZV, HHV-6
Letermovir	Terminase complex (UL 56,51,89)	IV, oral	480 mg/day <sup>††,§§</sup>	NA <sup>¶</sup>	NA <sup>¶</sup>	Nausea	Cyclosporine, voriconazole, tacrolimus, sirolimus, statins, ergot alkaloids	UL56 <sup>  </sup>	No

BSA, body surface area; GFR, glomerular filtration rate; BID, twice daily; q, every; NA, not applicable; mg, milligram; kg, kilogram

\* All agents require dose adjustment in the setting of renal dysfunction. Loading doses of ganciclovir and valganciclovir should be administered even in patients with renal impairment.<sup>‡</sup>

† Preemptive therapy or therapy for disease.

|| Dosing may also be used for secondary prophylaxis.

¶ NA = the agent is not approved for, or typically used for, the indication.

†† Approved only for primary prophylaxis in adult CMV seropositive HCT recipients; not approved for pediatric patients.<sup>‡‡</sup> Reduce dose to 240 mg/day if coadministered with cyclosporine.

§§ Dose is same for primary and secondary prophylaxis.

# ASTCT Guideline Recommendation Update on CMV Treatment and Prophylaxis in HCT



## ID-SIG Track

**Date:** Thursday, February 13, 2025

**Location:** Room 312 (HCC)

**Time:** 10:48 AM to 11:06 AM

## Topics



**Optimizing Duration of Prophylaxis**



**Pediatric Dosing for Letermovir**



**New Treatment Options**



# CMV Challenges: Refractory and Resistant Disease

**Roy F. Chemaly, MD, MPH, FACP, FIDSA, CMQ**

*Professor and Chair*

*G. P. Bodey, Sr. Distinguished Professorship, Infectious Diseases*

*Director, Clinical Virology Research*

*Department of ID/IC/EH*

*UT MD Anderson Cancer Center*

*Houston, TX*



# Revised Definitions of Refractoriness



**We consolidated the 2 definitions of refractory and probable refractory CMV infection into one category:**

**Refractory CMV Infection:** CMV viremia (DNAemia or antigenemia) that increases (ie, **>1 log<sub>10</sub> increase in CMV DNA levels in the same blood compartment from the peak viral load** as measured in the same laboratory and/or with the same commercial assay) **OR** persists ( $\leq 1$  log<sub>10</sub> increase or decrease in CMV DNA levels) after at least 2 weeks of appropriate antiviral therapy

**Refractory CMV End-organ Disease:** Worsening in signs and symptoms or progression into end-organ disease **OR** lack of improvement in signs and symptoms after at least 2 weeks of appropriately dosed antiviral therapy

**Resistant CMV Infection:** **Refractory CMV infection in addition to viral genetic alteration** that decreases susceptibility to one or more antiviral drugs

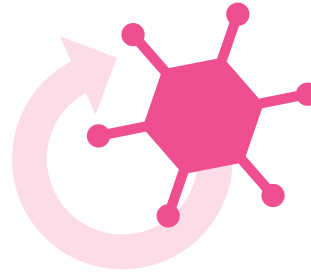
# R/R CMV Risk Factors



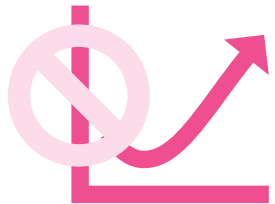
**Prolonged antiviral therapy**



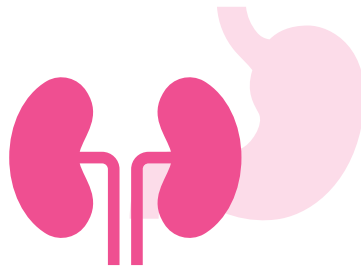
**Previous antiviral drug exposure**



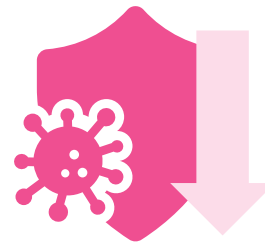
**Recurrent infection**



**Inadequate antiviral absorption or drug conversion**



**Type of transplant**



**Immunosuppressive therapy**

## **Independent Predictors of R/R CMVi**

Type of Transplant

- MRD
- MUD/MMUD
- Haploidentical
- Cord

Donor CMV+ Status

Letermovir Primary Prophylaxis

# Overcoming Limitations of Current Therapies



## Summary of Existing CMV Antivirals

- Existing CMV antivirals include ganciclovir, valganciclovir, foscarnet, or cidofovir
- Each pose potential serious toxicities that may lead to treatment failure/discontinuation
- Common MOA may predispose them to cross-resistance
- Ganciclovir, foscarnet, and cidofovir require IV administration

**There is an urgent need for efficacious and safer therapeutic option with different MOAs than existing antivirals**

CMV, cytomegalovirus; FDA, Food and Drug Administration; MOA, mechanism of action

Azevedo LS, et al. *Clinics (Sao Paulo)*. 2015;70(7):515-523; Avery RK, et al. *Transplantation*. 2016;100(10):e74-e80.  
Razonable RR, et al. *Minerva Med*. 2009;100(6):479-501. PMID: 20010483; Styczynski J. *Infect Dis Ther*. 2018;7(1):1-16; WHO, 2018.

# Common Adverse Effects of CMV Antiviral Therapy

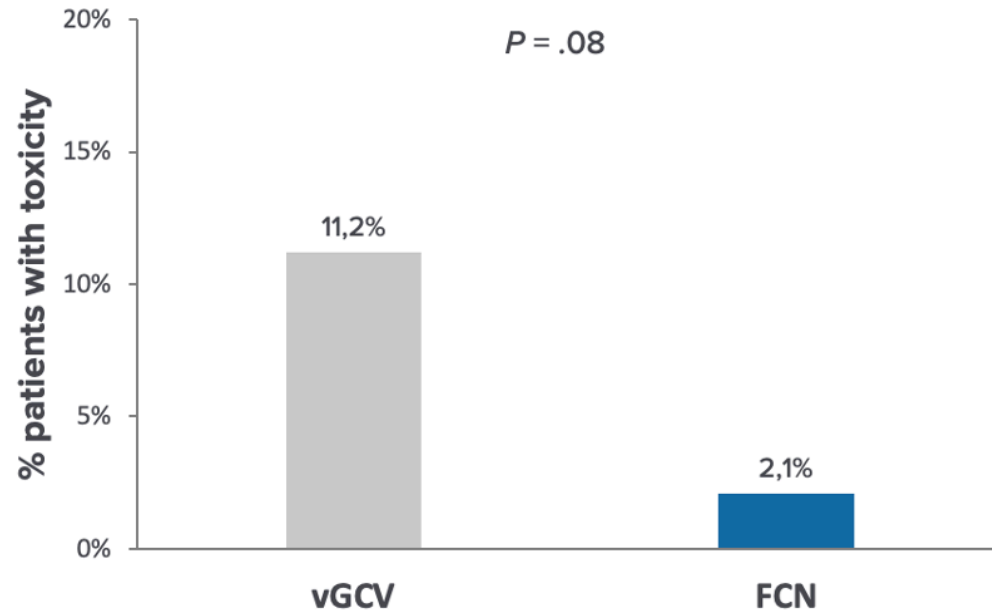


Antiviral Agent	Bone Marrow	Kidney	Eyes	Changes in Electrolytes	GI Symptoms	Altered Taste
Ganciclovir	✓					
Valganciclovir	✓					
Foscarnet		✓		✓		
Cidofovir		✓	✓			
Letermovir					✓	
Maribavir						✓

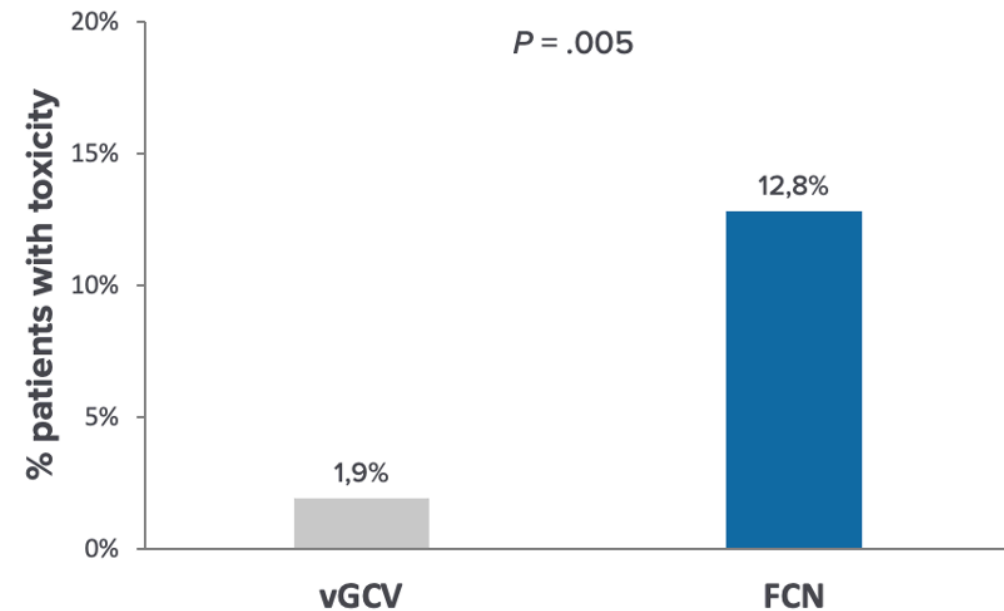
# Cytopenias and Renal Dysfunction are the Hallmark of Traditional CMV Drug Toxicity



Proportion of Patients With Neutropenia



Proportion of Patients With Acute Kidney Injury



FCN, foscarnet; vGCV, valganciclovir.

Zavras P, et al. *Biol Blood Marrow Transplant*. 2020;26(8):1482-1491.

# Mutations Associated With Resistance



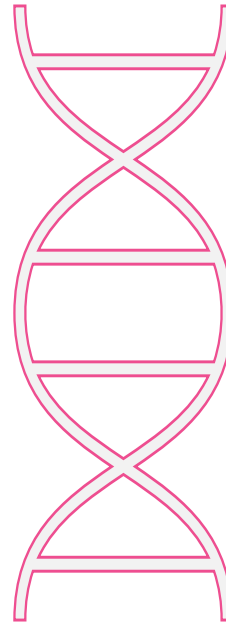
## Genotypic resistance testing detects mutations in UL97, UL54, and UL56 genes

### UL97

Mutations common conferring resistance to ganciclovir

### UL97: Specific mutations (T409M, H411Y)

Confer resistance to maribavir



### UL54

Mutations may confer resistance to foscarnet, ganciclovir, or cidofovir

### UL56

Mutations may confer resistance to letermovir only. No cross resistance with ganciclovir, foscarnet, or cidofovir



# Genotypic Assays are Preferred for Resistance Testing



## Genotypic Assays

Performed on viral sequences amplified from blood (whole blood, plasma, or leukocytes), fluids (urine, cerebrospinal, lung, eye) or tissue specimens

Results are more reliable if the CMV copy number in the specimen is at least 1000 IU/mL

## Quality Control Concerns



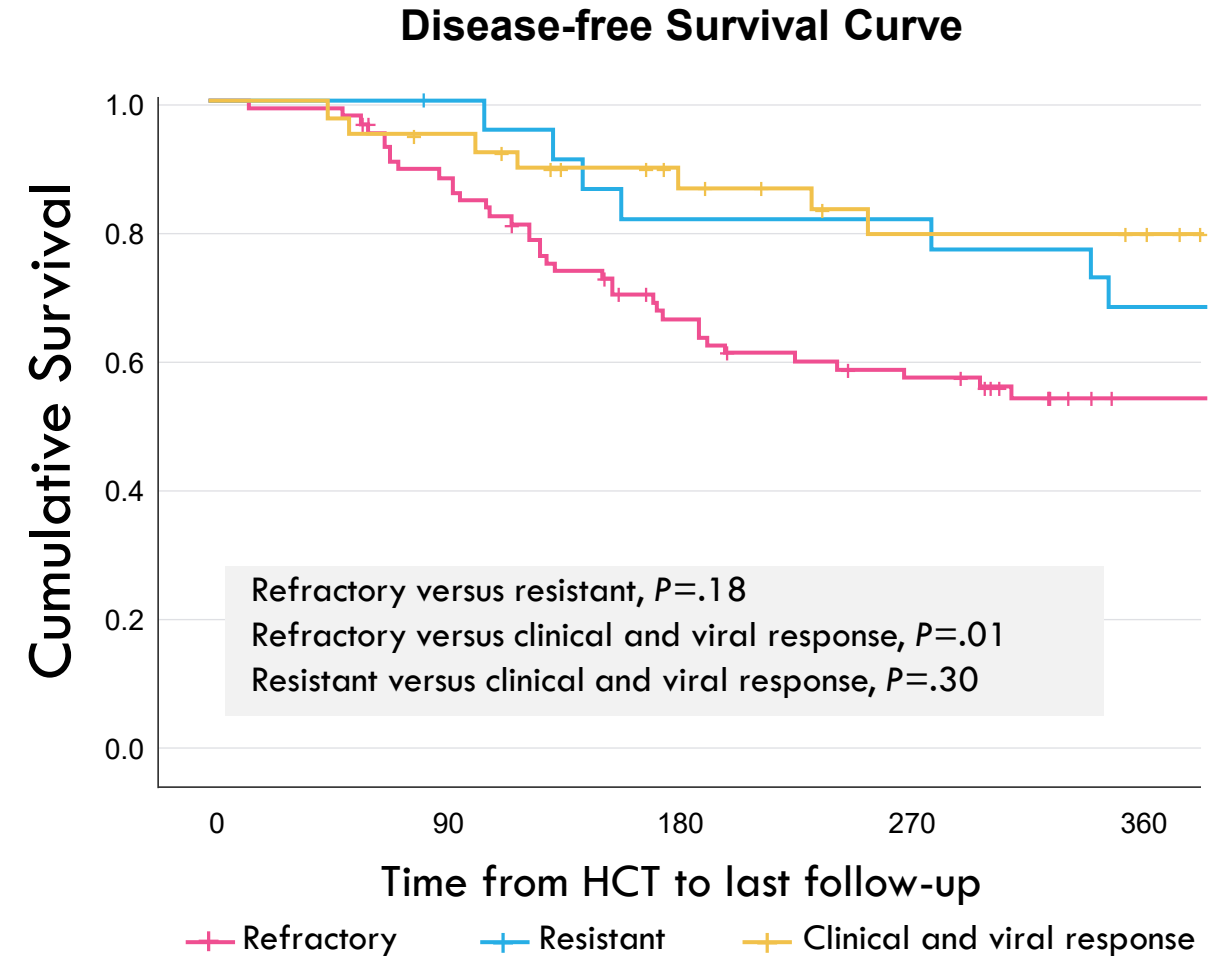
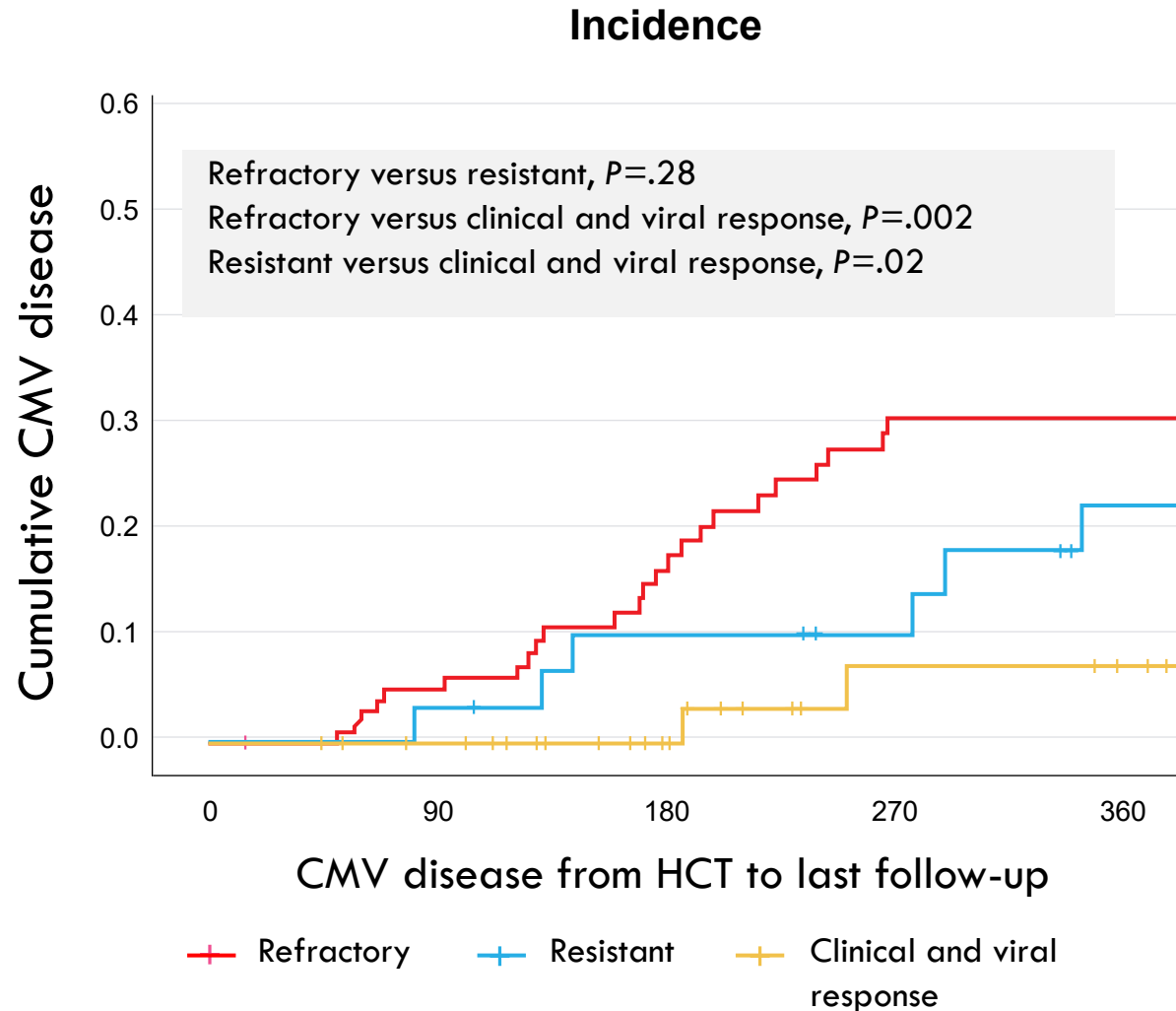
False positives due to mixed populations from low viral-load specimens



False negatives due to insensitivity in detecting mutant subpopulations comprising less than 20% to 30% of the total

# Incidence and Outcomes of CMV Episodes

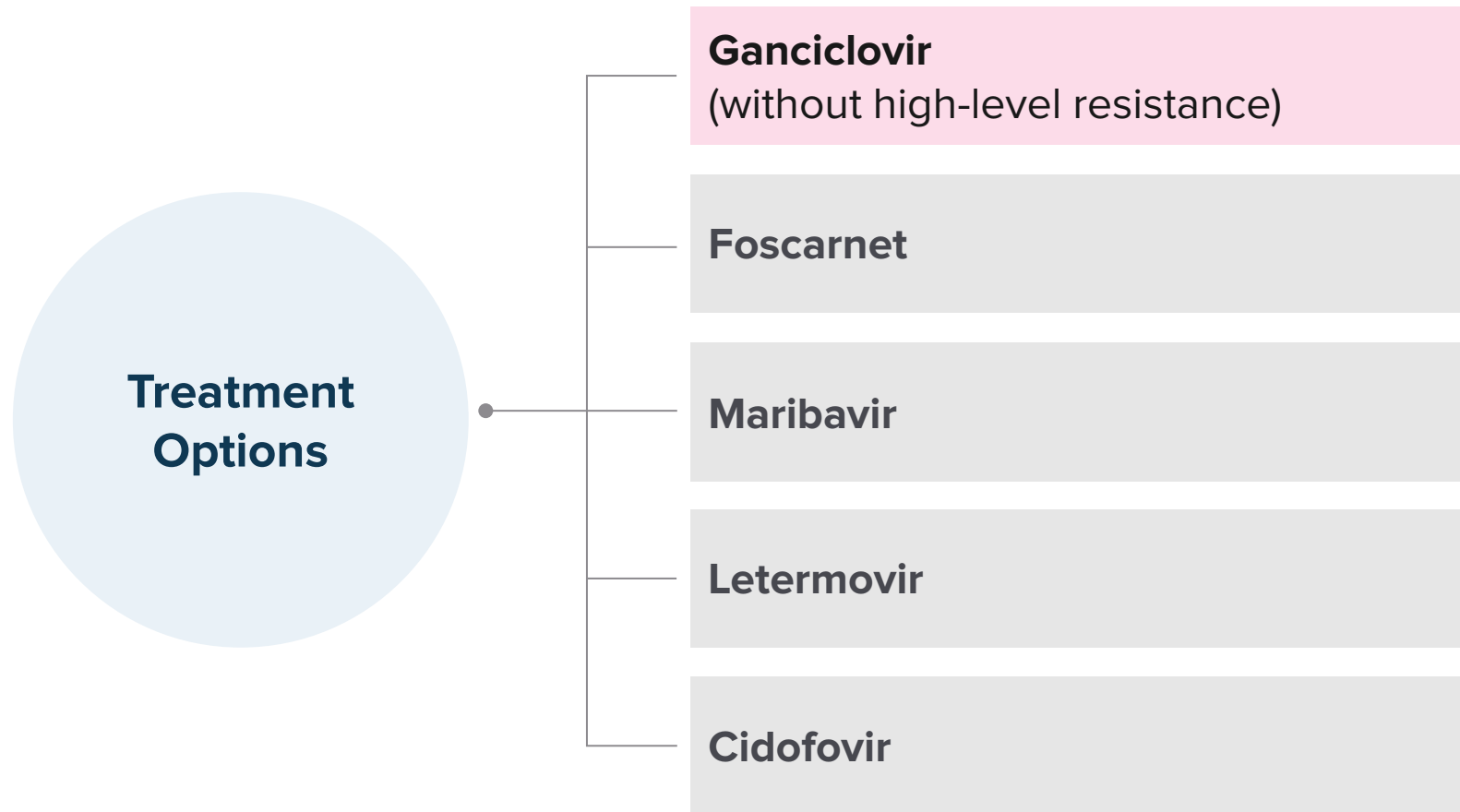
## Unmet Need With Traditional Antiviral Therapies



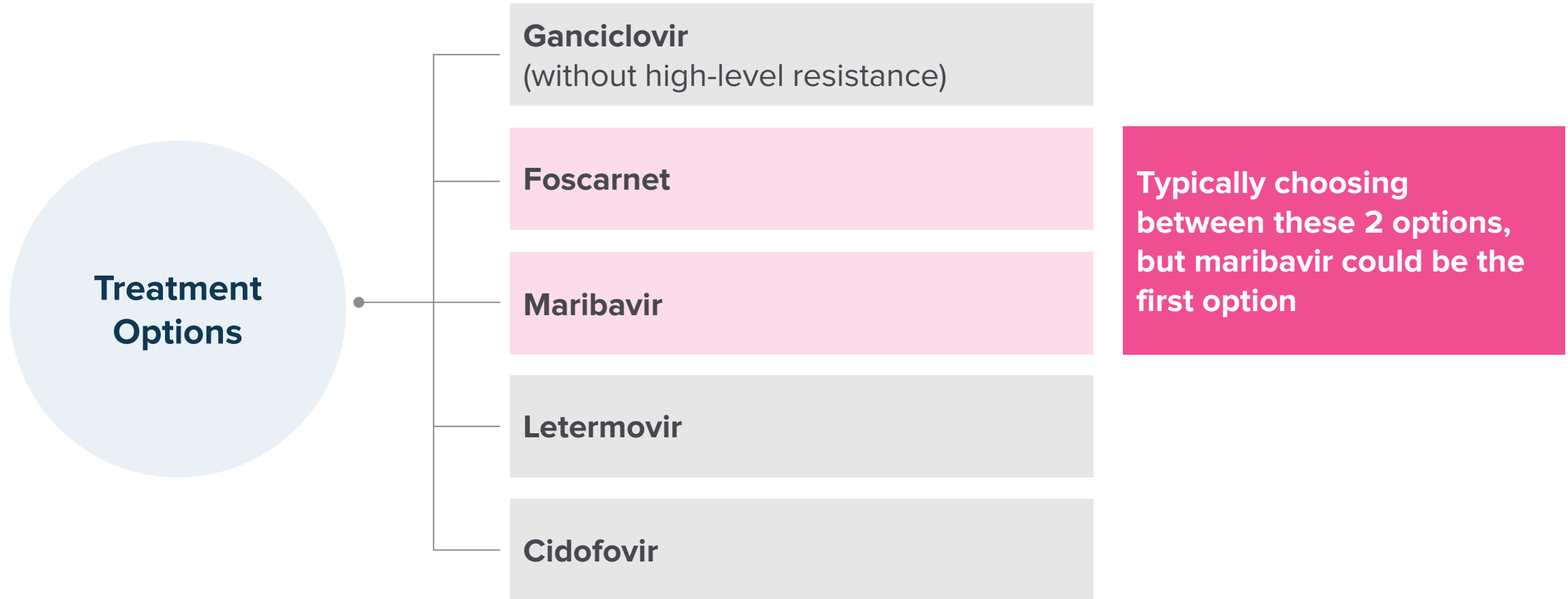


## **Managing Refractory and/or Resistant CMV Infections**

# Treatment of Ganciclovir-Resistant CMV Disease



# Treatment of Ganciclovir-Resistant CMV Disease

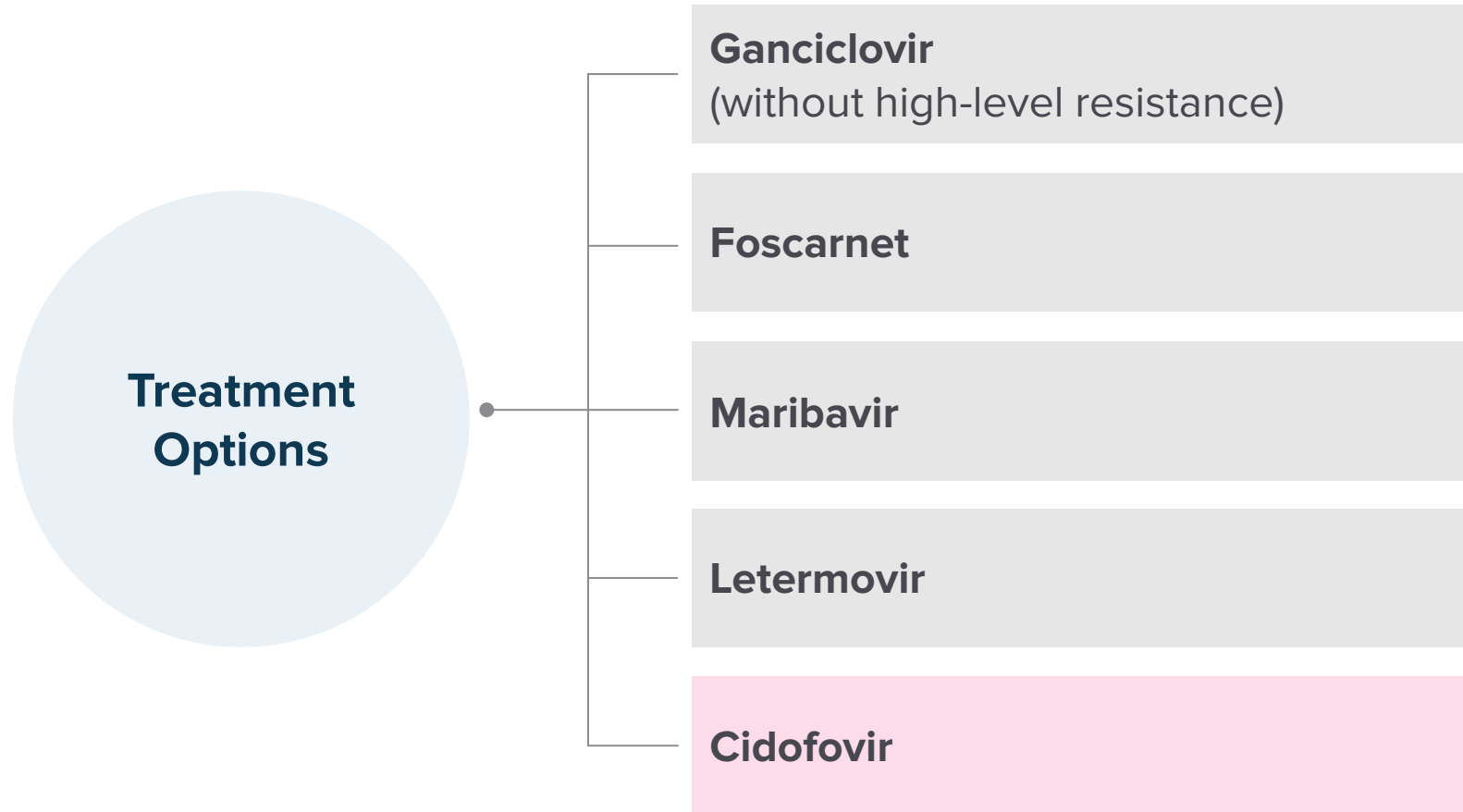


# Treatment of Ganciclovir-Resistant CMV Disease





# Treatment of Ganciclovir-Resistant CMV Disease



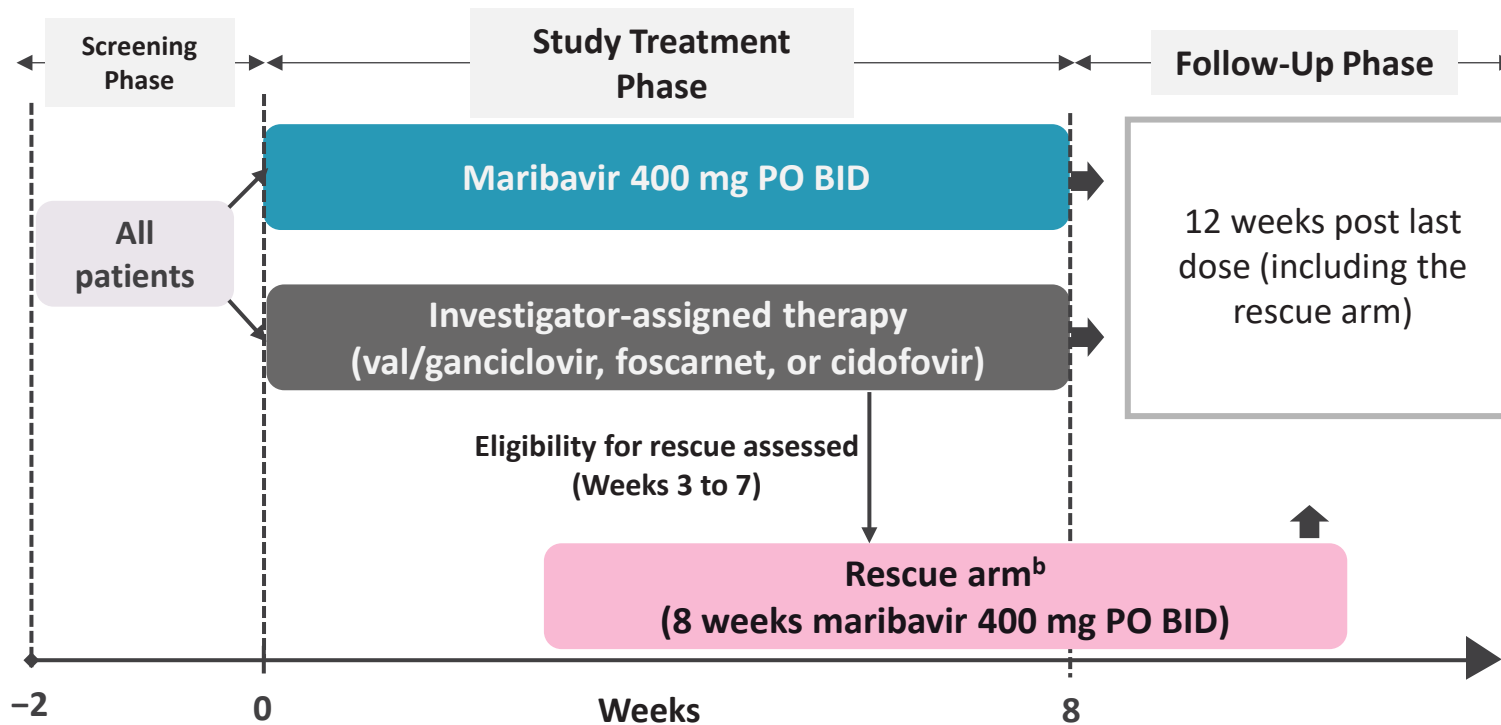
High risk for nephrotoxicity, myelosuppression, uveitis, etc.

# Maribavir versus Investigator-assigned Therapy (IAT) for the Treatment of Transplant Recipients with R/R CMV Infection

A Phase 3, Randomized, Open-label, Multicenter, Active-controlled Study



## STUDY DESIGN



**Randomization 2:1<sup>a</sup>** stratified by **transplant type** (SOT or HCT) and **screening CMV DNA level** (high:  $\geq 273,000$  IU/mL [whole blood] or  $\geq 91,000$  IU/mL [plasma]; intermediate:  $\geq 27,300$  and  $< 273,000$  IU/mL [whole blood] or  $\geq 9100$  and  $< 91,000$  IU/mL [plasma]; low:  $< 27,300$  and  $\geq 2730$  IU/mL [whole blood] or  $< 9100$  and  $\geq 910$  IU/mL [plasma])

<sup>a</sup> Maribavir: IAT using Interactive Response Technology; <sup>b</sup> Rescue arm data not presented here

Duarte RF, et al. 47<sup>th</sup> Annual Meeting of the EBMT. <https://ebmt2021.abstractserver.com/program/#!/details/presentations/2943>.

## ENDPOINTS

### Primary Endpoint

Confirmed CMV clearance  
(plasma CMV DNA  $< 137$  IU/mL  
in 2 consecutive tests  $\geq 5$  days  
apart at central laboratory) at  
end of week 8

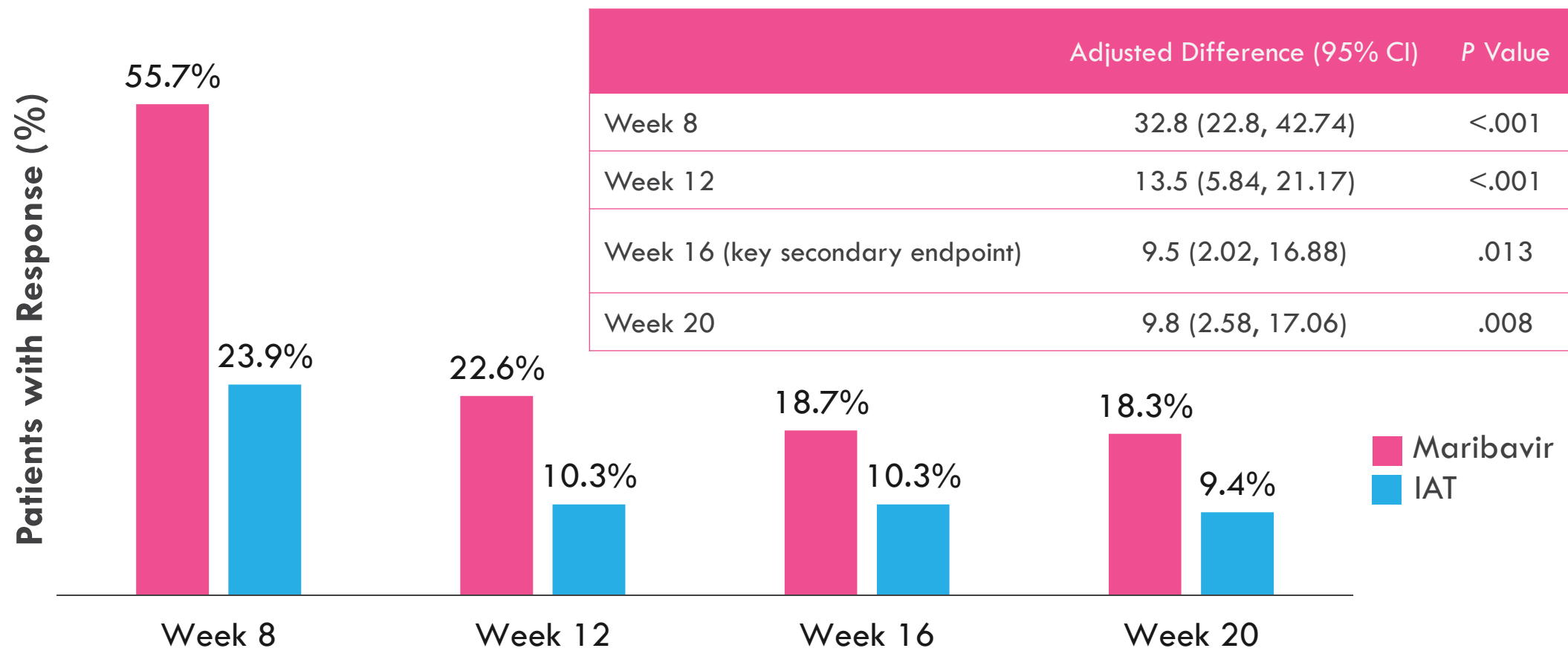
### Key Secondary Endpoint

Achievement of CMV clearance  
and symptom control at end of  
week 8 and maintained through  
week 16

# SOLSTICE: Primary and Secondary Endpoint Results



## Confirmed Viremia Clearance and Symptom Control



# Treatment Emergent Adverse Events Reported by >10% of Patients



Preferred Term	Maribavir (n=234)	IAT (n=116)	By Drug (IAT arm) <sup>a</sup>		
			Val/ganciclovir (n=56)	Foscarnet (n=47)	Cidofovir (n=6)
Dysgeusia	84 (35.9)	1 (0.9)	1 (1.8)	0	0
Nausea	20 (8.5)	11 (9.5)	1 (1.8)	8 (17.0)	1 (16.7)
Vomiting	18 (7.7)	5 (4.3)	0	4 (8.5)	1 (16.7)
Diarrhea	9 (3.8)	6 (5.2)	1 (1.8)	4 (8.5)	1 (16.7)
Neutropenia	4 (1.7)	16 (13.8)	14 (25.0)	2 (4.3)	0
Acute kidney injury	4 (1.7)	9 (7.8)	0	9 (19.1)	0
Anemia	3 (1.3)	9 (7.8)	3 (5.4)	6 (12.8)	0
Hypokalemia	1 (0.4)	5 (4.3)	0	4 (8.5)	1 (16.7)
Proteinuria	1 (0.4)	2 (1.7)	0	1 (2.1)	1 (16.7)
Renal failure	0	2 (1.7)	0	0	1 (16.7)

Dysgeusia rarely resulted in discontinuation (2 [0.9%] patients in the maribavir arm)

Data are for the safety set and show n (%) of patients experiencing a TEAE during the on-treatment period, which included treatment period plus 7 days after last dose of treatment or 21 days for cidofovir

IAT, investigator-assigned therapy; TEAE, treatment emergent adverse events

Duarte RF, et al. 47<sup>th</sup> Annual Meeting of the EBMT. <https://ebmt2021.abstractserver.com/program/#/details/presentations/2943>.

# MD Anderson R/R CMV Infection Management Approach



If patient has been receiving (val)ganciclovir



Can be switched to maribavir  
**OR**  
foscarnet

If patient has been receiving foscarnet



Can be switched to ganciclovir  
**OR**  
maribavir\*

*\*Maribavir cannot be given with ganciclovir, and needs HSV/VZV ppx while on maribavir*

## Combination Therapy

Optional strategy for R/R CMV DNAemia or end-organ disease or severe cases (not usually recommended because of the increase risks for myelosuppression and nephrotoxicity):

Foscarnet +  
Maribavir

**OR**

Foscarnet +  
Ganciclovir

**OR**

Ganciclovir +  
Foscarnet†



### †Ganciclovir + Foscarnet (Discouraged)

Utilizes one drug at full dose and one drug at reduced dose:

Ganciclovir 5 mg/kg IVPB q12h  
+  
Foscarnet 60 mg/kg IVPB q24h

**OR**

Ganciclovir 5 mg/kg IVPB q24h  
+  
Foscarnet 60 mg/kg IVPB q8h

# Additional Treatment Strategies



- mTOR based immunosuppression
  - Conversion of calcineurin to mTOR inhibitor immunosuppression may provide anti-CMV activity based on observations in SOT, but has not been studied in HCT
- CMV-specific adjunct intravenous immunoglobulin (IVIG) is not recommended due to a lack of clinical benefit
- Leflunomide or artesunate are considered optional adjunctive therapies for R/R CMV if access to a clinical trial or early access program is not possible
- Secondary prophylaxis should be commenced when VLs are undetectable, or when quantifiable but below the predefined LLOD, and when risk factors for recurrent CMV remain (eg, inadequate CMV-specific immune responses, concurrent infection, and/or GvHD requiring immunosuppression)



# ASTCT Practice Guideline Update



## **American Society for Transplantation and Cellular Therapy Series: #4 - Cytomegalovirus treatment and management of resistant or refractory infections after hematopoietic cell transplantation**

*Michelle K Yong, Terri Lynn Shigle, Yae-Jean Kim, Paul A Carpenter, Roy F Chemaly, Genovefa A Papanicolaou*

The ASTCT Practice Guidelines Committee partnered with its Transplant Infectious Diseases Special Interest Group (TID-SIG) to update its 2009 ID guidelines for HCT, employing an FAQ format.

The 4<sup>th</sup> topic in the series covers R/R CMV infection including:

- Diagnosis
- Definitions of Resistant and Refractory CMV
- Risk Factors
- Virologic Genotypes
- Treatment Algorithms

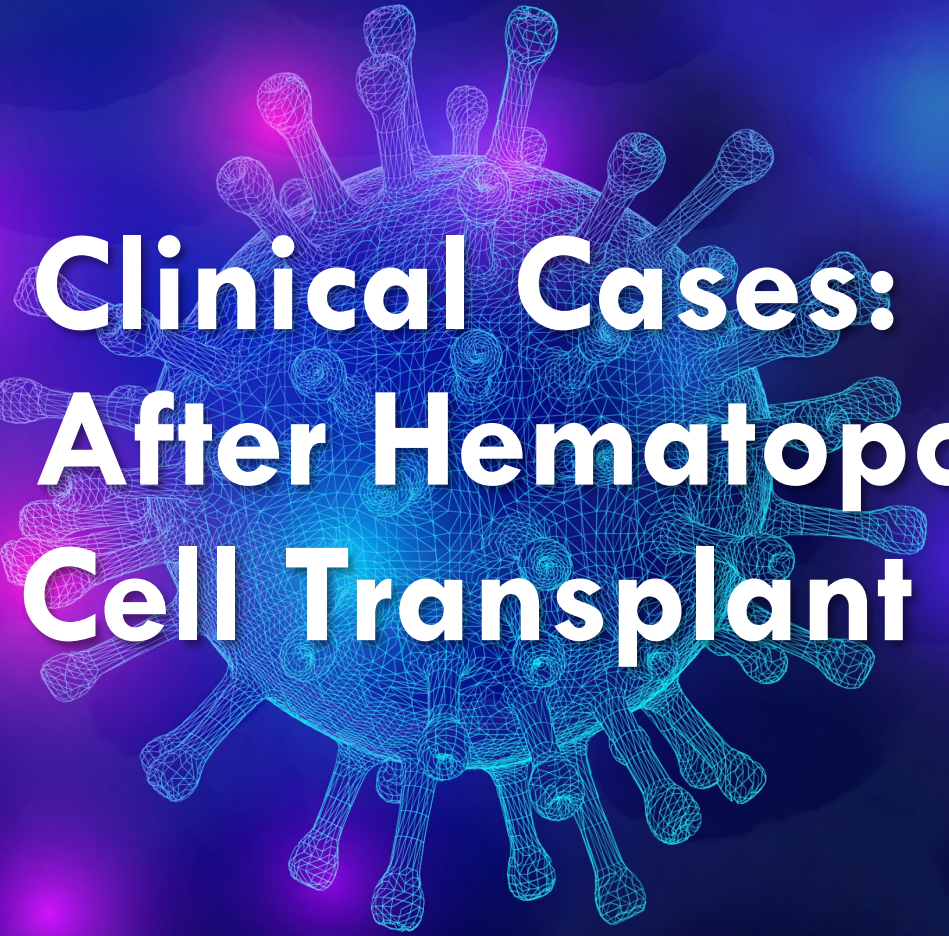
# Summary for the Treatment Options for Resistant/Refractory CMV



Resistance Genotype	Recommendation
<b>UL97 mutations with HIGH level resistance to ganciclovir</b>	<ul style="list-style-type: none"> <li>• Switch to foscarnet as first-line option</li> <li>• Switch to cidofovir as second-line option</li> <li>• Maribavir*</li> </ul>
<b>UL97 mutations with LOW level resistance to ganciclovir (M460I, C592G, L595W)</b>	<ul style="list-style-type: none"> <li>• High-dose ganciclovir dosing from 7.5 mg to 10 mg/kg q12h as tolerated if CMV disease not present</li> <li>• Switch to foscarnet or cidofovir as next option</li> </ul>
<b>UL54 mutations conferring resistance to foscarnet only</b>	<ul style="list-style-type: none"> <li>• Stop foscarnet and start ganciclovir standard dose</li> <li>• Maribavir*</li> </ul>
<b>UL54 mutations conferring resistance to foscarnet and ganciclovir (<math>\pm</math> UL97 mutations)</b>	<ul style="list-style-type: none"> <li>• Switch to cidofovir as first-line option</li> <li>• Maribavir*</li> </ul>
<b>UL97 mutations conferring resistance to Maribavir (T409M, H411Y)</b> <b>C480</b>	<ul style="list-style-type: none"> <li>• Stop maribavir and start ganciclovir standard dose 5 mg/kg q12h or foscarnet</li> <li>• Some cross-resistance to ganciclovir</li> </ul>
<b>UL56, UL89, UL51 conferring resistance to letermovir</b>	<ul style="list-style-type: none"> <li>• Switch to ganciclovir or foscarnet as first-line option</li> </ul>

# Conclusions

- **R/R CMV infections are associated with high incidence of CMV disease and high all-cause mortality**
- **Maribavir is an alternative option as a therapeutic agent to mitigate the impact of resistant and refractory CMV infections**



# Clinical Cases: CMV After Hematopoietic Cell Transplant





Case 1



Case 2



Case 3



# Case 1

## *Before the Era of Maribavir*



A 57-year-old man with h/o AML, underwent MUD HCT (R+/D-) after conditioning with fludarabine, busulfan, melphalan, and ATG



**Day +30:** Patient developed CMV reactivation with a VL by PCR at 600 IU/mL



Started on valganciclovir (VGV) at 900 mg PO twice a day and transitioned to maintenance VGV at 900 mg PO daily 2 weeks later after CMV viral load (VL) became undetectable



**Day +65:** Patient developed grade 3 skin GvHD and was started on methylprednisolone at 2 mg/kg/day



# Case 1

## *Before the Era of Maribavir*



He subsequently had recurrent CMV infection at 5500 IU/mL while off VGV and he was restarted on the latter, treatment dose at 900 mg PO BID



He was switched to foscarnet at 60 mg/kg IV q 12 hours (renally adjusted) with decline in his VL to 950 IU/mL, 10 days later



His CMV VL continued to rise 14 days later to 38,000 IU/mL and a genotypic assay was submitted



Because of worsening renal function (creatinine at 3.2) and severe nausea while on foscarnet, he was switched to VGV renally adjusted (450 mg oral BID) and his CMV VL remained around 1200 IU/mL for 2 weeks



# CMV Genotype Assay Results

<b>UL97 Mutation</b>	Detected
<b>Ganciclovir</b>	Resistance Predicted
	UL97 Mutations: <b>A594T</b>
<b>Foscarnet</b>	Resistance Not Predicted
	Mutations: None
<b>Cidofovir</b>	Resistance Not Predicted
	Mutations: None

# What Would You Do at This Point?

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- A. Increase VGV dose to 900 mg PO BID  
(Not really, as patient is nauseous and there is concern about absorption)
- B. Foscarnet monotherapy  
(Creatinine of 3.2)
- C. IV Ietermovir  
(Maybe in combination, but how to monitor response?)
- D. Cidofovir  
(Suboptimal option and serious toxicities)
- E. Consult ID as I am not sure what to do  
(ID should be consulted!)



# Case 1

*Before the Era of Maribavir*



Patient was started on high-dose ganciclovir. His CMV VL decreased, lingered around 950 IU/mL



Patient developed severe neutropenia and thrombocytopenia despite G-CSF support and platelets transfusions



**Day +110:** Patient died with septic shock from *E. coli* and multiple organ failure



Case 1



Case 2



Case 3



# Case 2

## *Real-Life Experience with Maribavir*

1

A 47-year-old woman with AML s/p haploidentical HCT and 1 year later, MUD HCT (CMV serostatus: D-/R+), after AML relapse

2

Conditioning with reduced fludarabine, melphalan, and ATG was given prior to the second HCT

3

She had refractory CMV viremia treated with valganciclovir followed by foscarnet, 10 weeks post-HCT, with subsequent AKI. She was changed to letermovir for secondary prophylaxis

4

At 6 months post-HCT, she developed severe skin GvHD requiring treatment with high-dose steroids



# Case 2

*Real-Life Experience with Maribavir*



## Viral Load

CMV VL increased to  
10,000 IU/mL



## CMV Genotypic Testing

Both wild-type and C325FW-  
mutated UL56, conferring  
letermovir resistance



## Treatment

Maribavir initiated at  
400 mg twice daily

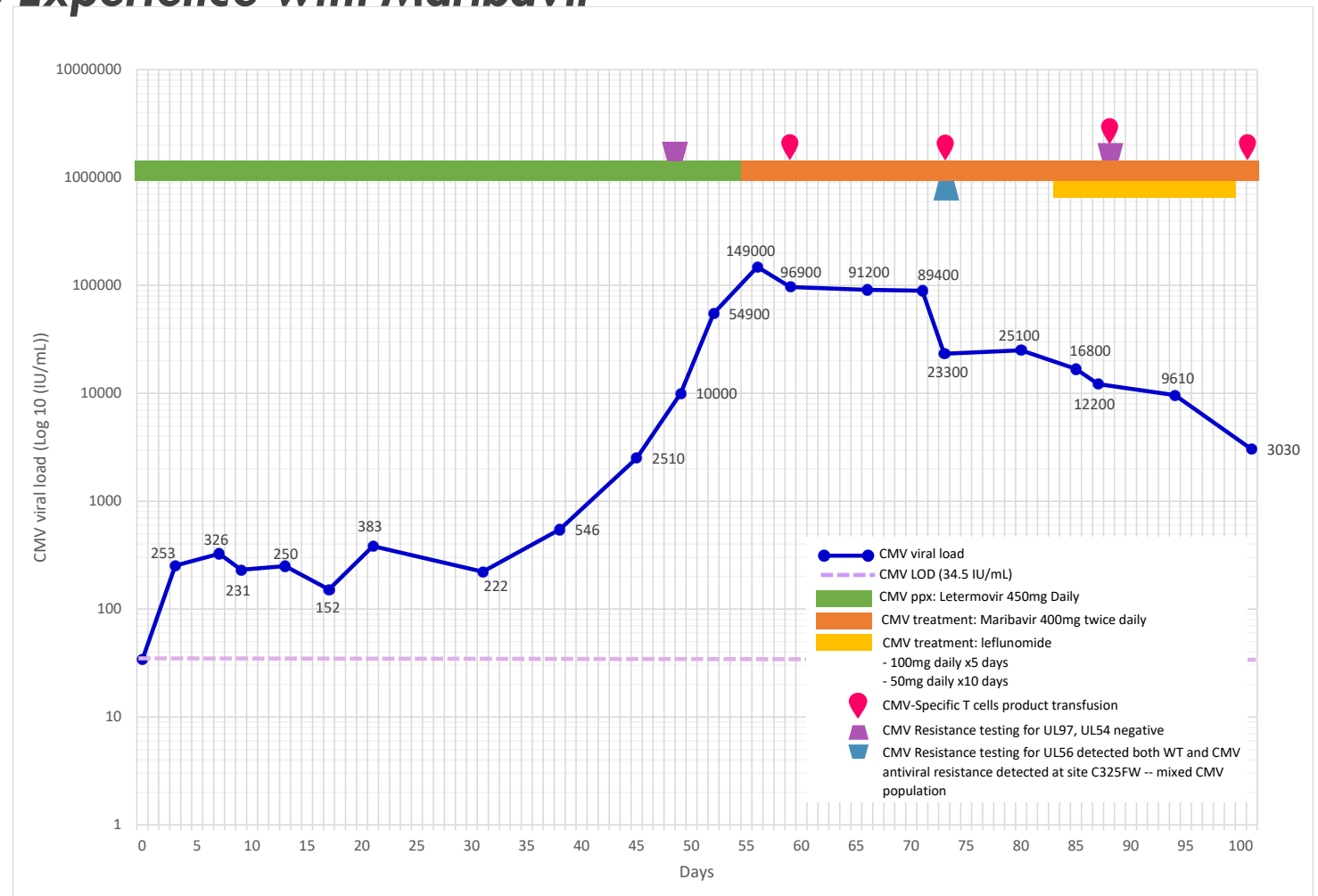


# Case 2

## Real-Life Experience with Maribavir

After 50 days of maribavir and adjunctive therapies, the patient's CMV VL decreased to 2,530 IU/mL

During her last f/u at 2½ years, she remained on maribavir with VL ranging from 300 IU/mL to 50 IU/mL







Case 1



Case 2



Case 3



# Case 3

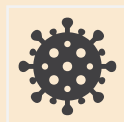
## *Real-Life Experience with Maribavir*



A 34-year-old man with AML s/p CBT (CMV serostatus: D+/ R+) after conditioning with fludarabine, clofarabine, busulfan, ATG, and TBI



He had early HHV-6 DNAemia during the first month post-HCT treated with foscarnet, and he had skin GvHD requiring high-dose steroids



After 5 months post-HCT, he developed CMV viremia that was treated initially with ganciclovir and foscarnet, but due to concerns for refractory CMV, he was switched to maribavir



# Case 3

*Real-Life Experience with Maribavir*



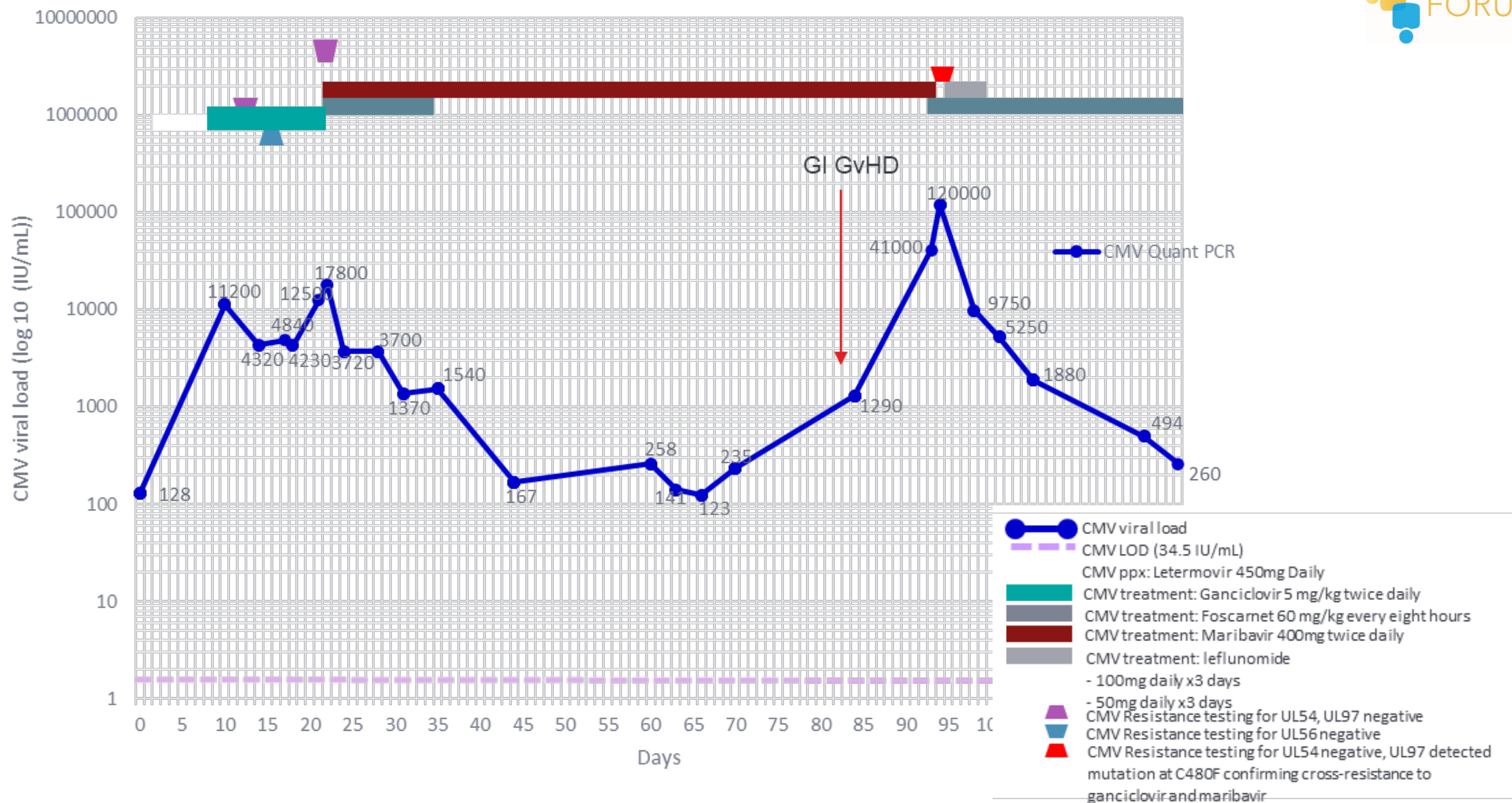
CMV genotypic testing did not identify mutations at UL97, UL54, or UL56 at that time



CMV VL decreased from 17,800 IU/mL to a nadir of 123 IU/mL at 4 weeks from starting maribavir



While on maribavir for 63 days, CMV VL rose to 120,000 IU/mL in the setting of worsening GI GvHD and possible malabsorption





# Case 3

*Real-Life Experience with Maribavir*



Genotypic testing detected a mutation on UL97 (C480F), conferring resistance to maribavir and cross-resistance to ganciclovir



No CMV end-organ disease was noted on workup, and the patient responded well to foscarnet therapy



Despite responding to CMV therapy, the patient subsequently died of a GI bleed due to GI GvHD

# Audience Q&A

Please complete the Evaluation to receive CME credit.