

# Evolving Strategies to Ease the Burden Related to the Treatment of nAMD

Case Reflections for Better Therapeutic Strategies



# Agenda



## Case 1: Pitfalls of PRN Therapy

*Eric Schneider, MD*



## Case 2: Pitfalls in Patient Follow-up

*David Brown, MD*

# Case 1

- Pitfalls of PRN Therapy
- *Eric Schneider, MD*



# “Susan”



## Demographics

74-year-old  
Female

## Diagnosis

nAMD, right eye

## Current Presentation

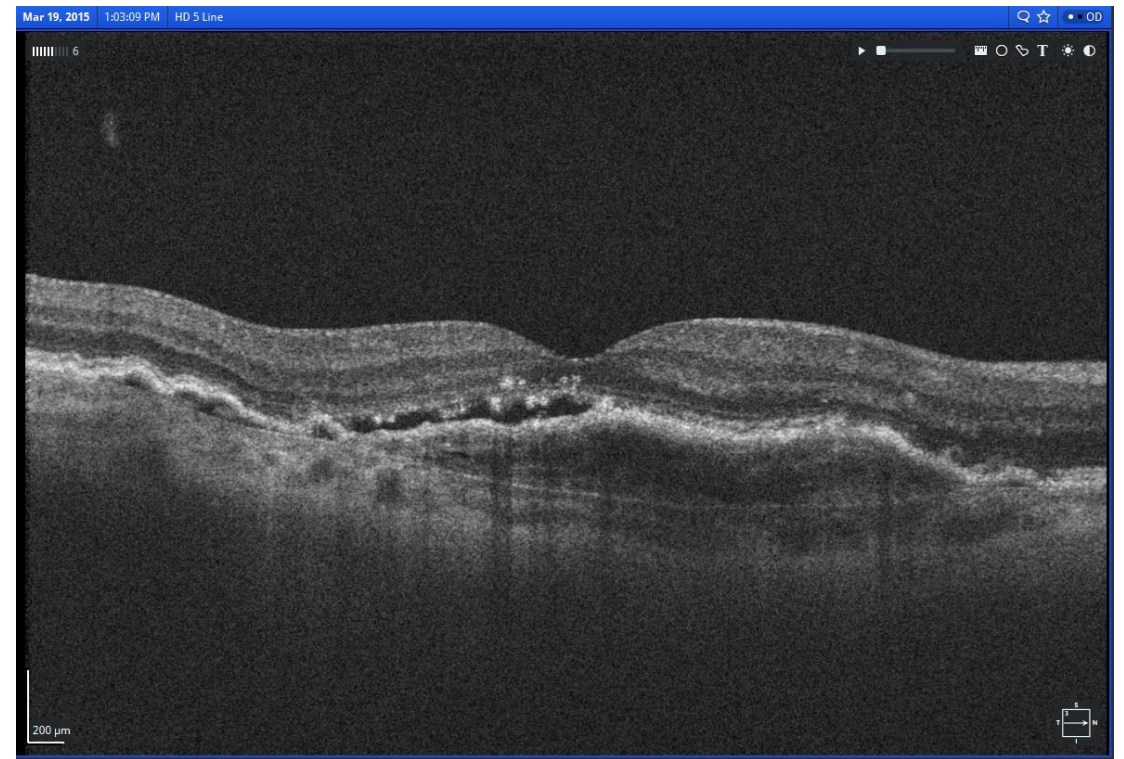
Self-referred for ongoing anti-VEGF treatment

- Previously treated at fixed 4-week interval by her previous doctor

Six months ago, she developed endophthalmitis

- Recovered BCVA following PPV/intravitreal antibiotics
- She is now very hesitant about receiving further injections.
- She agreed to resume injection therapy, but only with as needed (“PRN”) administration

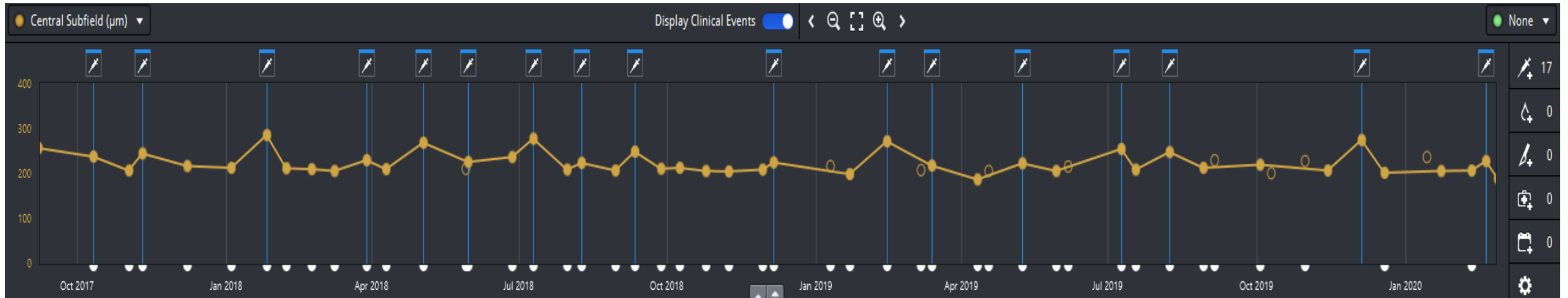
# History: Initial Visit



# Treatment History

## PRN Therapy → Fluid Fluctuations

October 2017 – January 2020

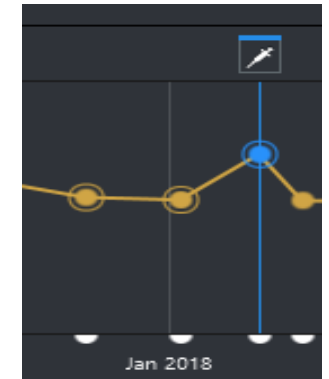
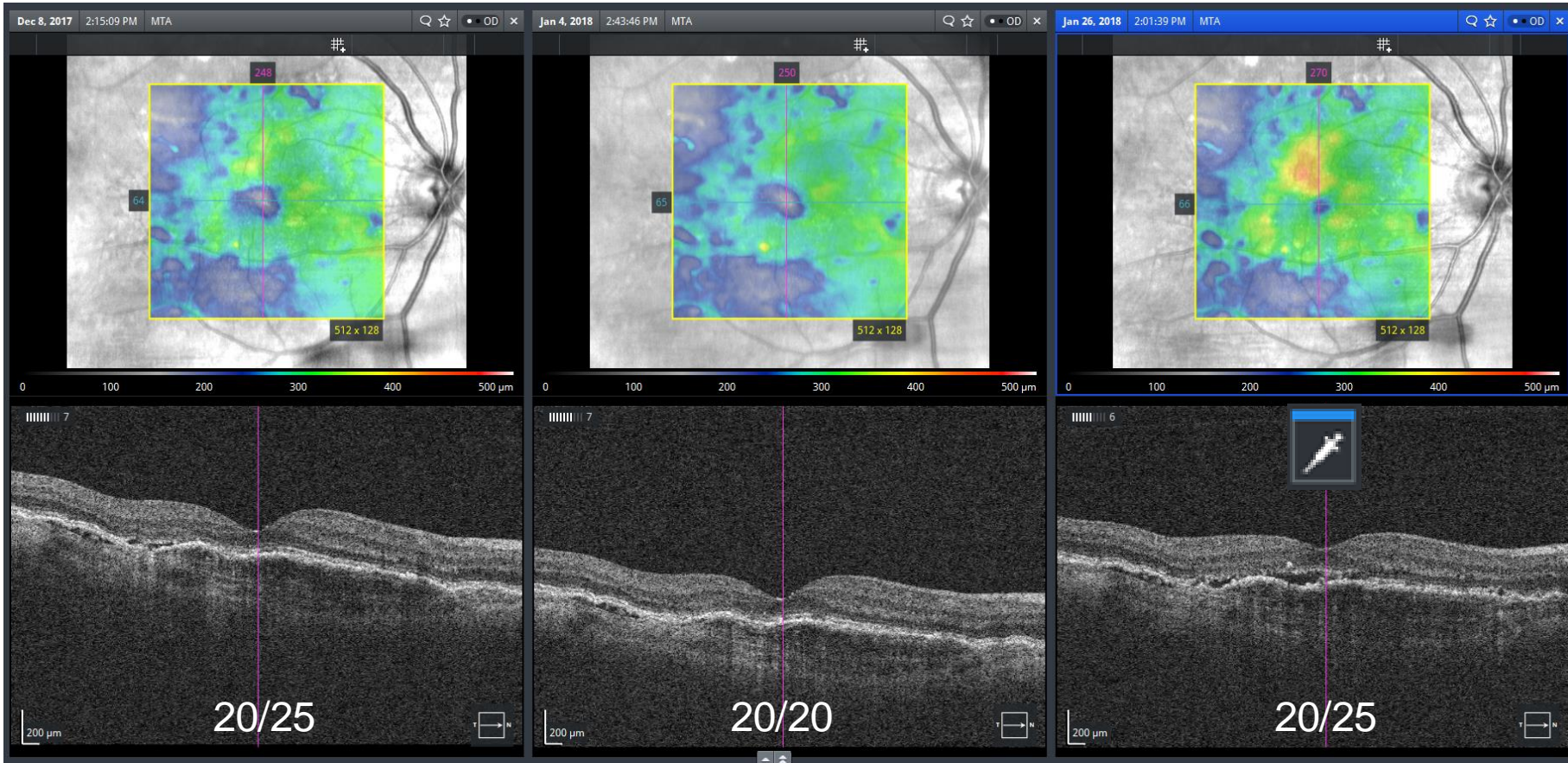


= Aflibercept injection

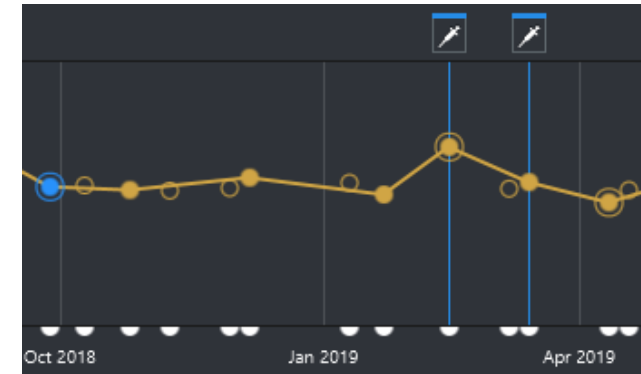
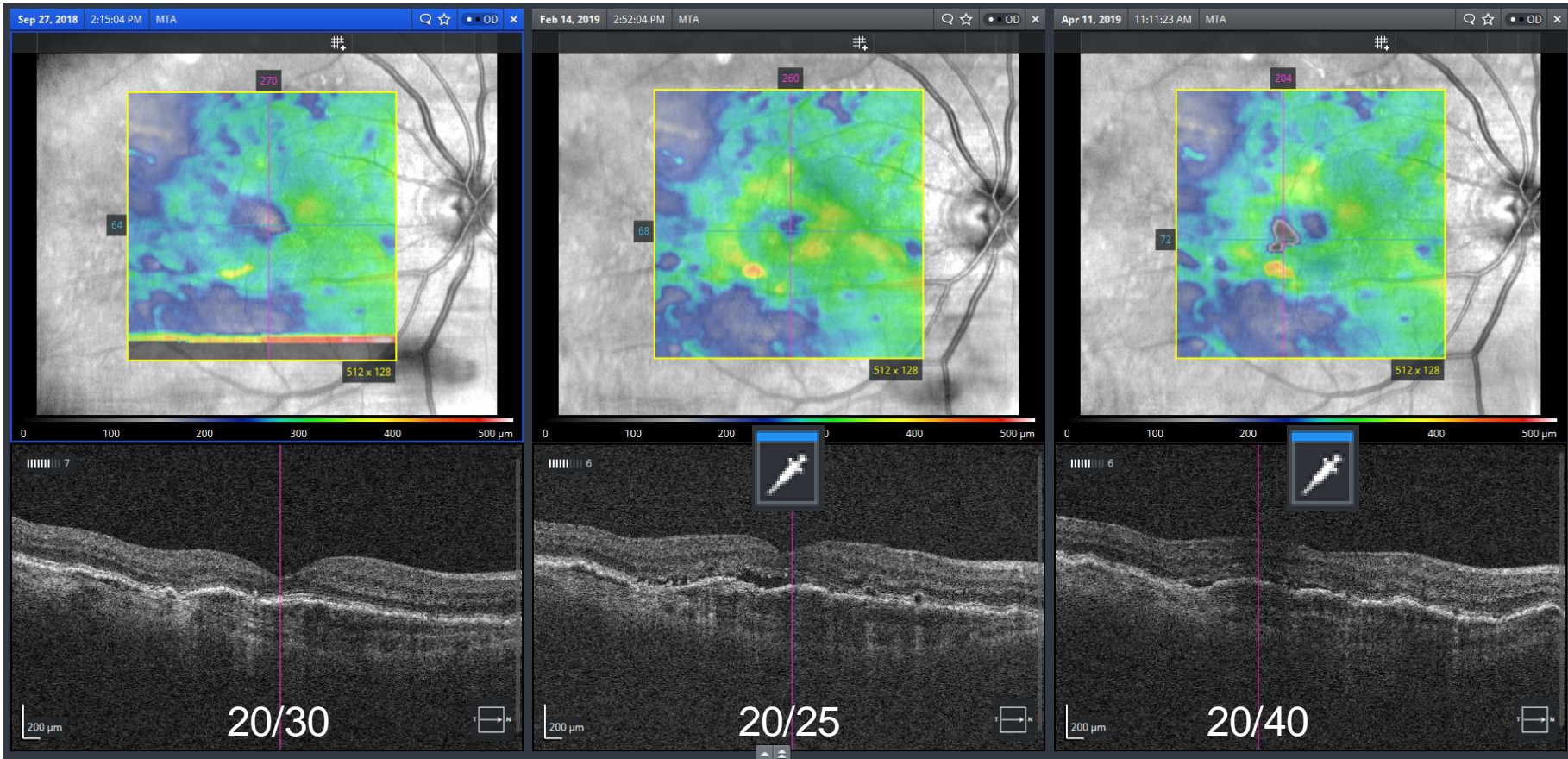


= Central field subfield thickness

# PRN Therapy → Fluid Fluctuations

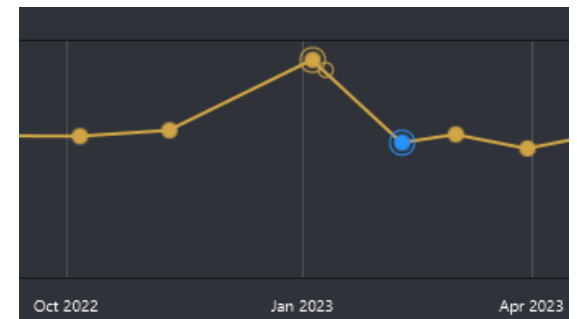
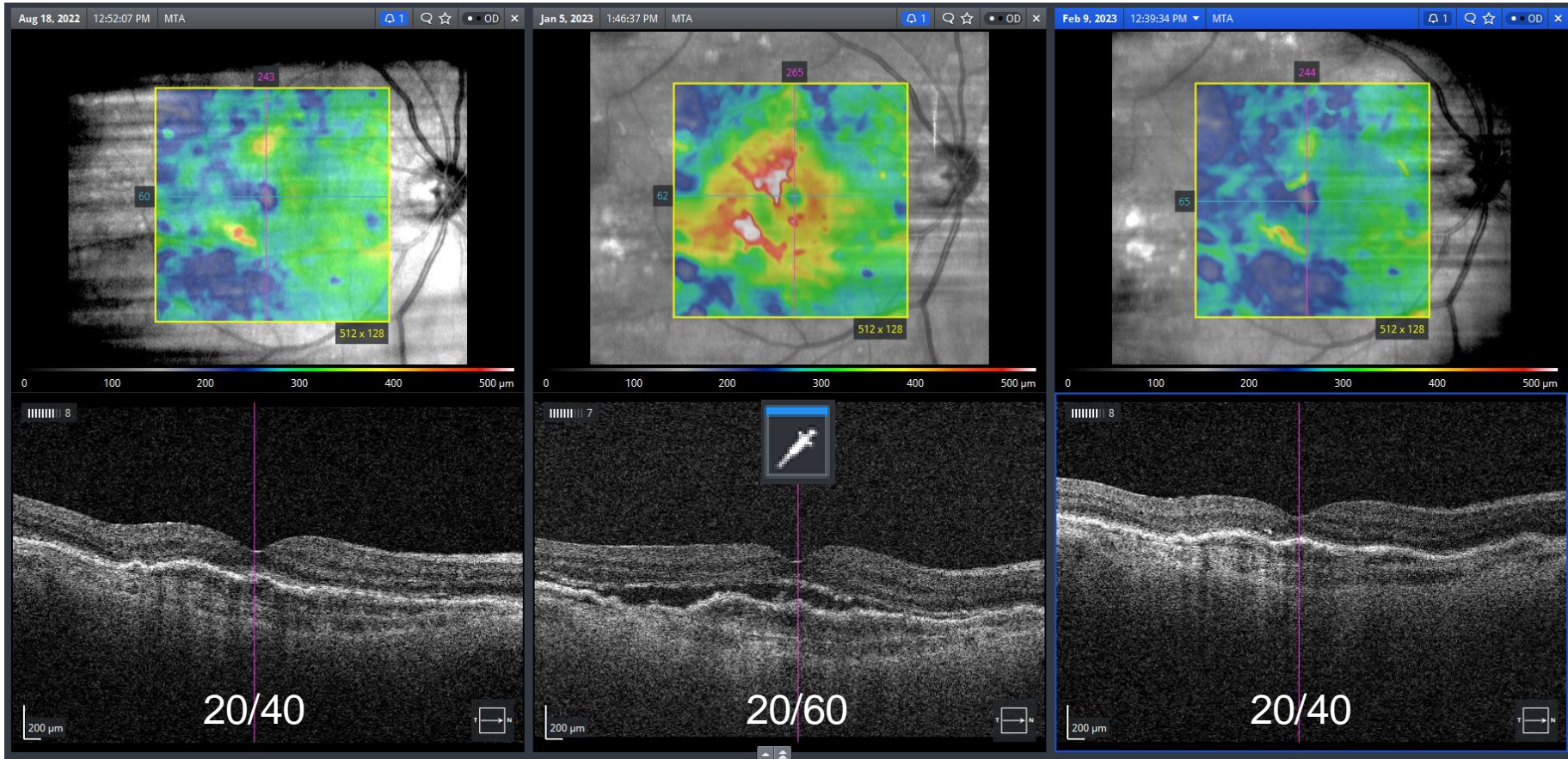


# PRN Therapy → Fluid Fluctuations

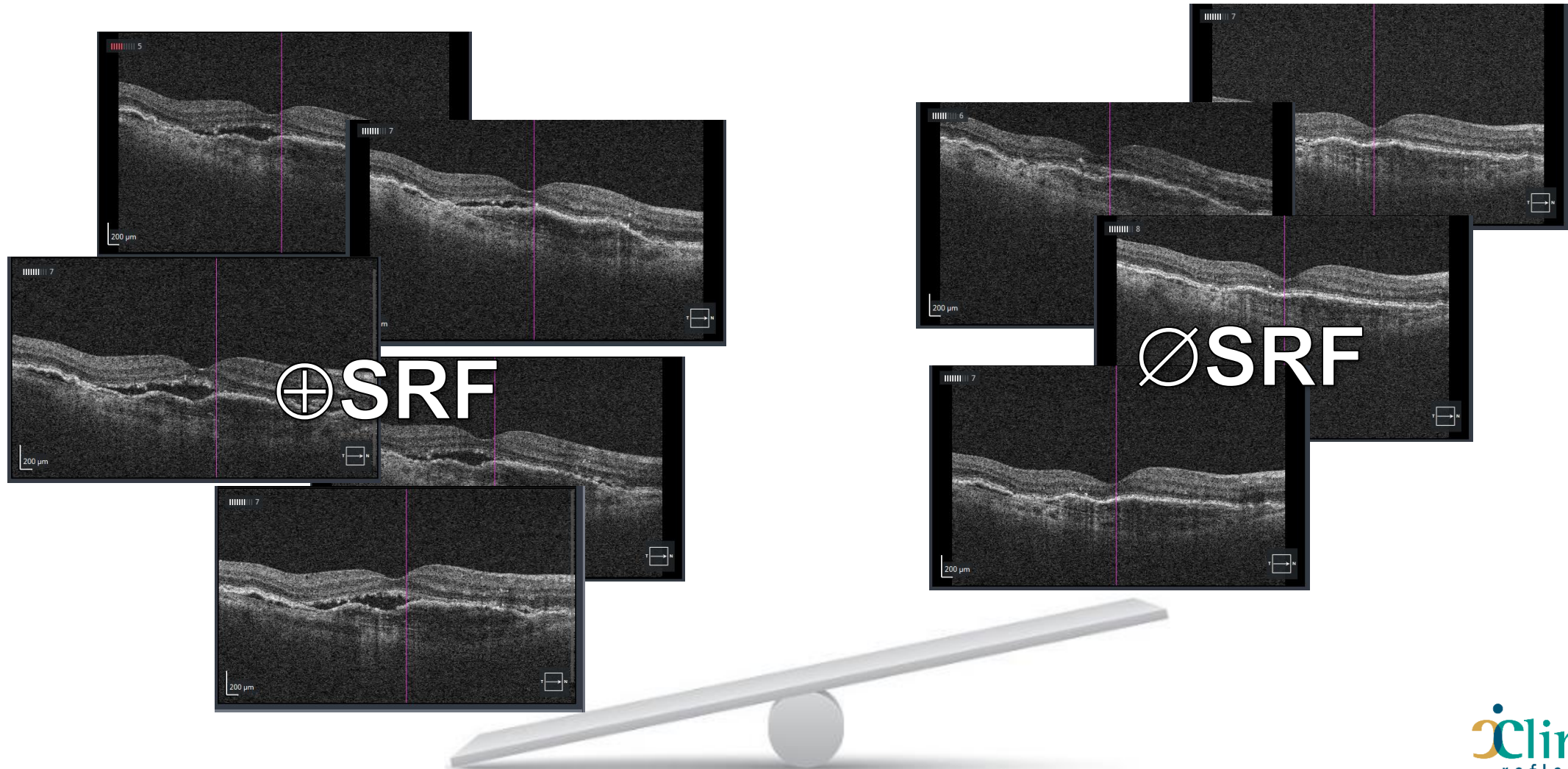




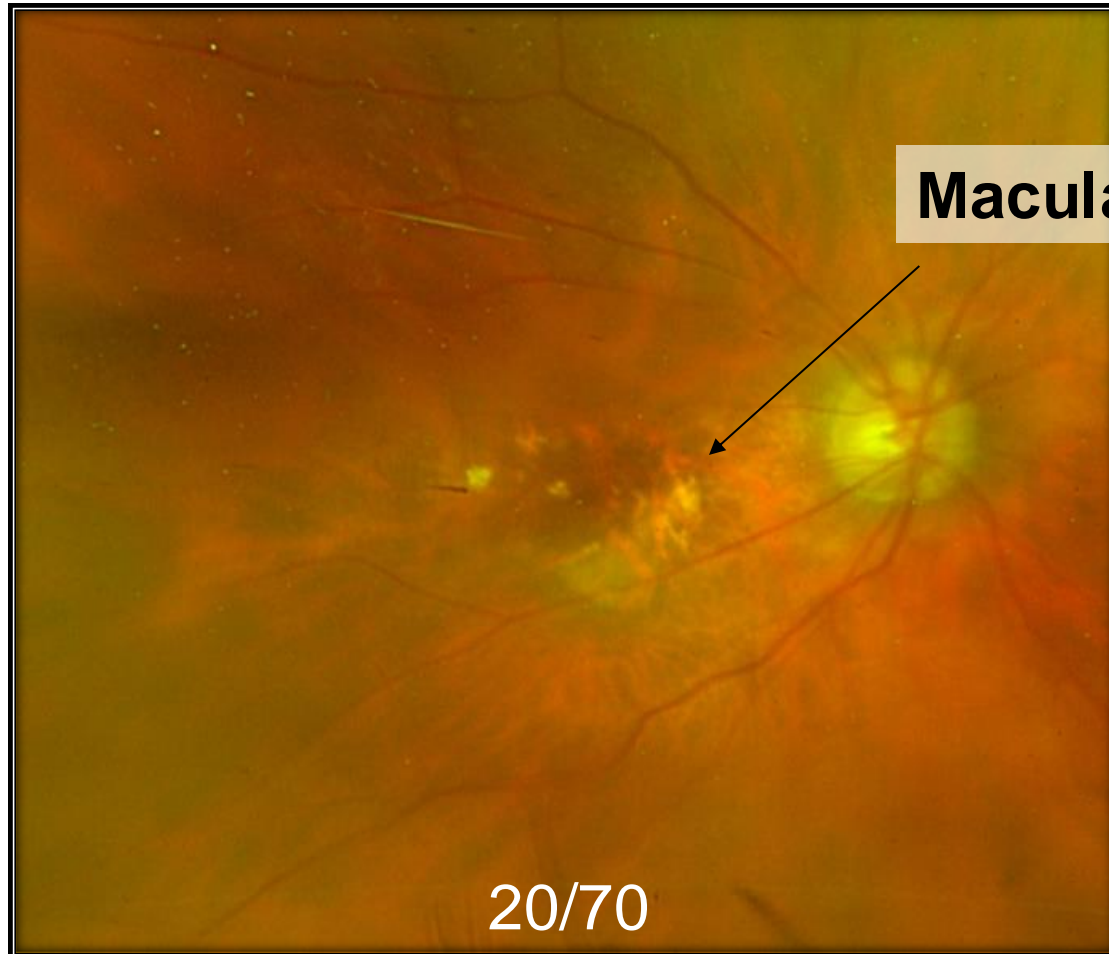
# PRN Therapy → Fluid Fluctuations



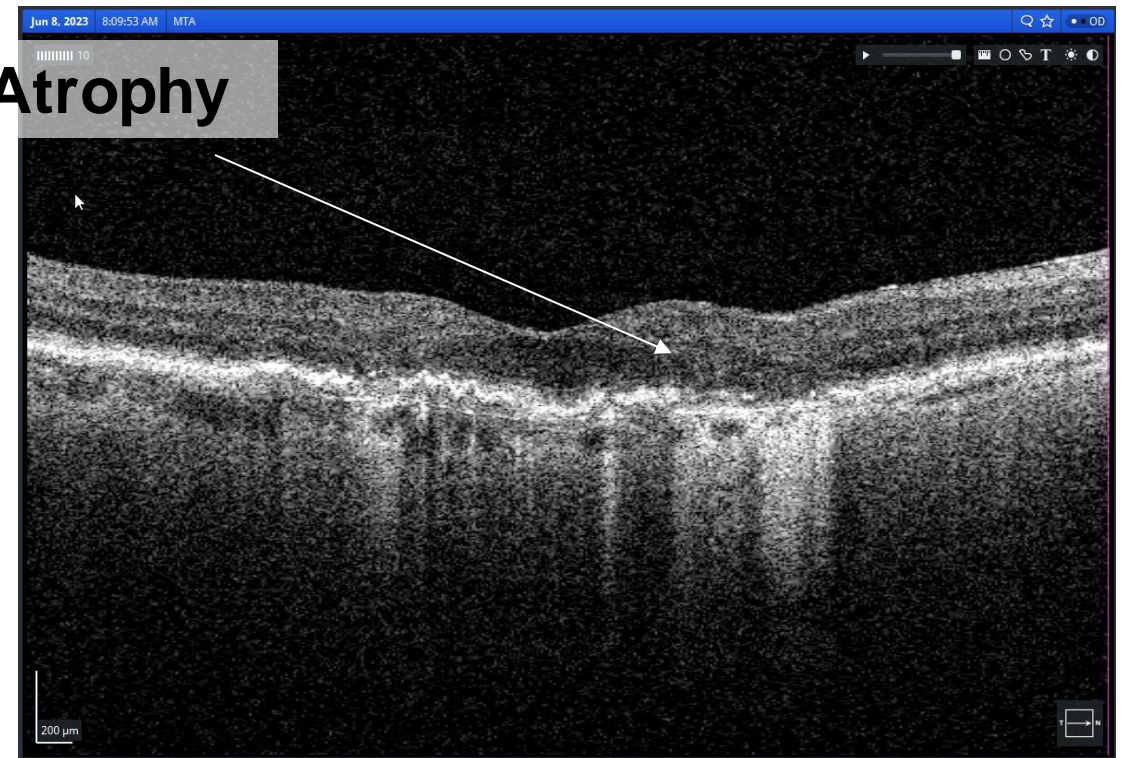
# PRN Therapy → Fluid Fluctuations



# History: Most Recent Visit



Macular Atrophy



# PRN Therapy: Consequences?

Associations of **Variation** in Retinal Thickness with Visual Acuity and Anatomic Outcomes in Eyes with Neovascular Age-Related Macular Degeneration Lesions Treated with Anti-Vascular Endothelial Growth Factor Agents

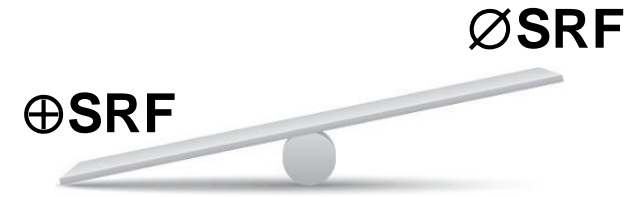
Evens RN, et al. *JAMA Ophthalmol.* 2020;138(10):1043-1051.

Effect of Retinal Thickness **Variability** on Visual Outcomes and Fluid Persistence in Neovascular Age-Related Macular Degeneration, A post Hoc Analysis of the HAWK and HARRIER Studies

Dugel PU, et al. *Retina.* 2022;42(3):511-518.

**Fluctuations** in Central Foveal Thickness and Association with Vision Outcomes with anti-VEGF Therapy for nAMD: HARBOR Post Hoc Analysis

Sheth V, et al. *BMJ Open Ophthalmol.* 2022;7(1):e000957.



Greater Fluctuation/Variation in  
Macular Thickness



Worse BCVA + More Macular  
Atrophy

## Reflection Point

Considering Susan's case, what would you have done differently?

- A. Continued with fixed-dose administration
- B. Implemented a treat-and-extend regimen
- C. Monitored her more closely on a PRN regimen
- D. Considered lower burden treatment options like high-dose therapy or implants

# Dosing Strategies: Fixed and PRN



## Fixed Dosing

### Advantages

- Consistent treatment
- Predictable outcomes
- Less frequent imaging

### Disadvantages

- Non-individualized
- Over-treatment
- High treatment burden
- Higher cost

## PRN

### Advantages

- Lower treatment burden
- Cost effective
- More personalized

### Disadvantages

- Fluid fluctuations
- Allows for recurrent disease
- Risk of irreversible tissue damage
- Inconsistent response
- Frequent monitoring

# Dosing Strategies: Treat and Extend



## Best of Both

TE combines aspects of both with continuous regimen with a “PRN” or variable interval approach that avoids the disadvantages of each method<sup>1</sup>



## Benefits

Individualized TE regimens have been shown to:<sup>1</sup>

- Increase persistence on therapy
- Achieve VA gains nearly comparable to clinical trials



## Machine Learning

Machine learning has been shown to predict treatment demand and personalize the TE interval.<sup>2</sup>

1. Volkman I, et al. *BMC Ophthalmol.* 2020;20(1):122.  
2. Gallardo M, et al. *Ophthalmol Retina.* 2021;5(7):604-624.

# TE versus Alternative Regimens

## Systemic Review and Meta-Analysis

**Aim:** To compare the efficacy and treatment burden of TE versus fixed and PRN dosing for nAMD

### VA Improvement

- Similar with TE and fixed dosing at 1 and 2 years
- TE was significantly better than PRN dosing at 1\* and 2 years†
- Fewer ranibizumab injections were administered in the TE arm at 1‡ and 2 years§ versus fixed dosing

### Conclusions

- TE preserves VA similar to fixed dosing, but with less injections at years 1 and 2
- TE achieved better VA outcomes than PRN
- TE was associated with more injections than PRN

\*MD: 3.95 letters,  $P < .0001$ ; †MD 4.08 letters,  $P < .001$ ; ‡MD -2.42 injections,  $P < .0001$ ; §MD -6.06 injections,  $P < .00001$

Rosenberg D, et al. *Eye (Long)*. 2023;37(1):6-16.



## Case 2



# “Joe”



## Demographics

72-year-old  
Male

## Diagnosis

nAMD x 3 years

## Current Presentation

- Started treatment with ranibizumab 0.05 mL IVT q4w
- Saw significant improvement on OCT and VA testing
- Persisted with treatment for 12 months after which he retired and expressed he had travel plans but felt restricted by his monthly treatment
- Doing very well on therapy, his interval was gradually extended over time to Q10W

# “Joe”



## Demographics

72-year-old  
Male

## Diagnosis

nAMD x 3 years

## Current Presentation

- 8 months into his TE regimen, Joe was lost to follow-up for 4 months
- He returns today complaining of difficulty reading, driving, and recognizing faces
- Testing showed a decline in VA and increased fluid accumulation and new blood vessel growth on OCT

## Reflection Point

**Considering Joe's case, what would you have done differently?**

- A. Switched him to PRN dosing
- B. Switched him to an implantable treatment option
- C. Switched him to high-dose, extended interval therapy
- D. Switched him to an agent with a longer dosing interval
- E. Advised him to coordinate his travel around his treatment schedule

# High-Dose (HD) Aflibercept (Approved)

## Phase 2 CANDELA Investigating Aflibercept: 8 mg vs 2 mg<sup>1,2,3</sup>

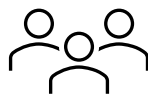
Randomized, single-masked, open-label, non-inferiority trial

### Endpoints



Safety  
Efficacy: Eyes without retinal fluid in the center subfield at Week 16 (%)

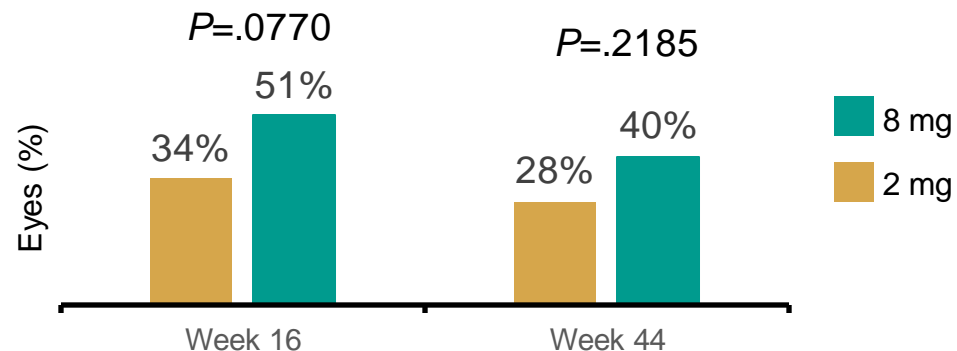
### Population



nAMD  
Treatment naïve  
Age ≥50 years  
BCVA: 78 to 24 letters

## Results: HD Regimens Non-inferior to Standard

Eyes without retinal fluid in the center subfield (%)

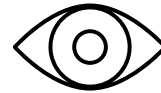


\*Injection interval: AMT: ≤35 days, IAE: >36 days.

## HD Aflibercept May Improve Outcomes, Reduce Treatment Burden in Suboptimal Responders<sup>4</sup>

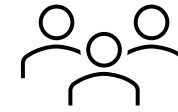
Retrospective Analysis (N=318 eyes of 288 adults)

### Endpoints



Visual Acuity  
OCT Outcomes  
Injection Burden

### Population



Suboptimal responders (with nAMD or DME) to standard dose aflibercept

## Results

### Efficacy

Mean BCVA improved significantly with AMT, maintained with IAE\*

Central subfield thickness decreased significantly

Mean injection intervals increased or remained stable

### Safety

No new safety signals

1. Brown DM. *IVOS*. 2022;1345-F0179; 2. Goren Fein J. *ARVO* 2023. Abstract 2180-C0133; 3. Wykoff CC, et al. *JAMA Ophthalmol*. 2023 Aug 3. [Online ahead of print]; 4. Neilsen JS, et al. *J Vitreoretin Dis*. 2023;7(2):116-124.

# High-Dose (HD) Aflibercept (Approved)

## Phase 3 PULSAR Trial Investigating Aflibercept 2 mg q8 versus HDq12, HDq16

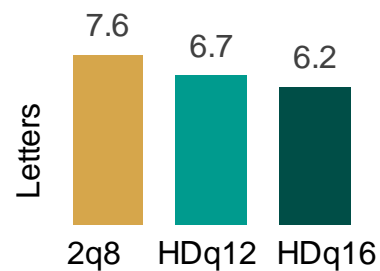
Randomized, double blind, active-controlled trial, non-inferiority trial

1

### Primary

Change in BCVA from baseline (Week 48)

Mean Observed BCVA Improvement



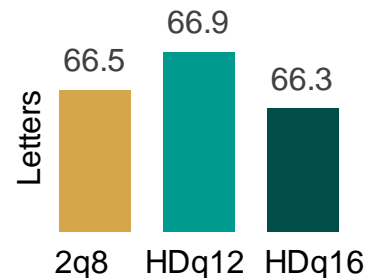
HDq12 vs 2q8:  $\Delta -0.97$ ,  $P=.0009$   
HDq16 vs 2q8:  $\Delta -1.14$ ,  $P=.0011$

2

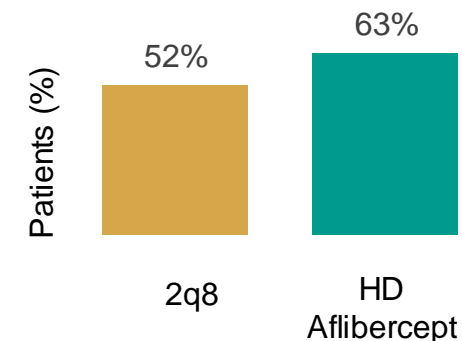
### Secondary

Patients without fluid in central subfield (Week 16)  
Additional efficacy measures, safety, and PROs

Mean Observed BCVA at Week 48



Patients without fluid in central subfield (Week 16)



**Safety:** No new safety signals

Results suggest HD regimens are non-inferior to standard

2q8 N=167; HDq12 N=326; HDq16 N=163

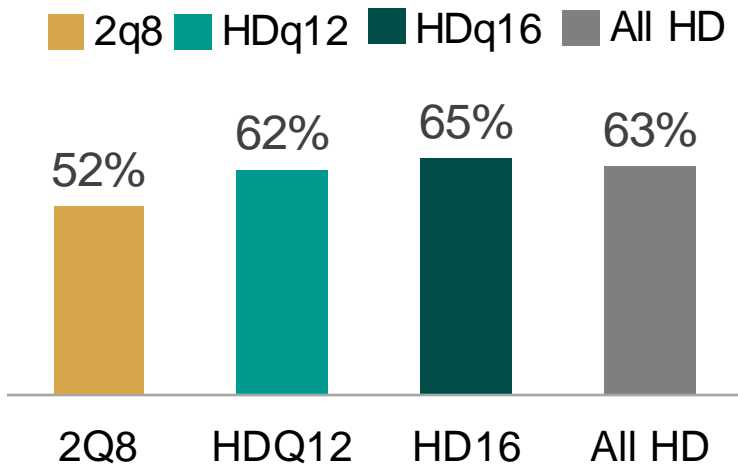
Lanzetta P, et al. AAO 2022. NCT04423718

# High-Dose (HD) Aflibercept (Approved)

## Phase 3 PULSAR Trial Investigating Aflibercept 2 mg q8 (2q8) versus HDq12, HDq16

Randomized, double blind, active-controlled, non-inferiority trial

### Patients Without Retinal Fluid in Center Subfield at Week 16



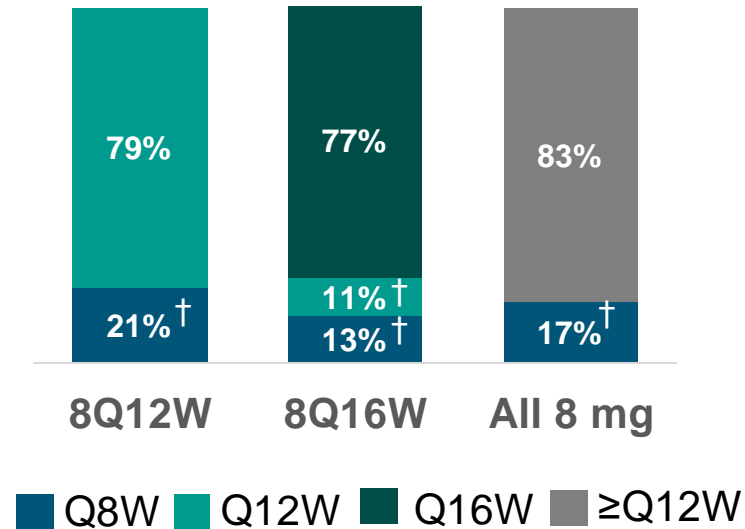
All HD vs 2Q8:  $P=.0002$ , demonstrating superior drying

HD=8 mg

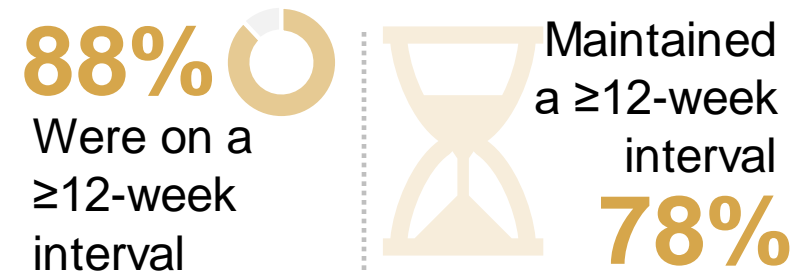
NCT04423718. †Interval shortened based on DRM assessments at some point through Week 48

Spitzer MS, et al. ARVO 2023. Abstract 461.

### Proportion of Patients Maintaining HDq12 and HDq16 Through Week 48



### By 96-Weeks:



**71%** Met criteria for even longer dosing intervals:



47% ≥20-week intervals

28% ≥24-week intervals



# Ranibizumab Refillable Implant PDS (Approved\*)

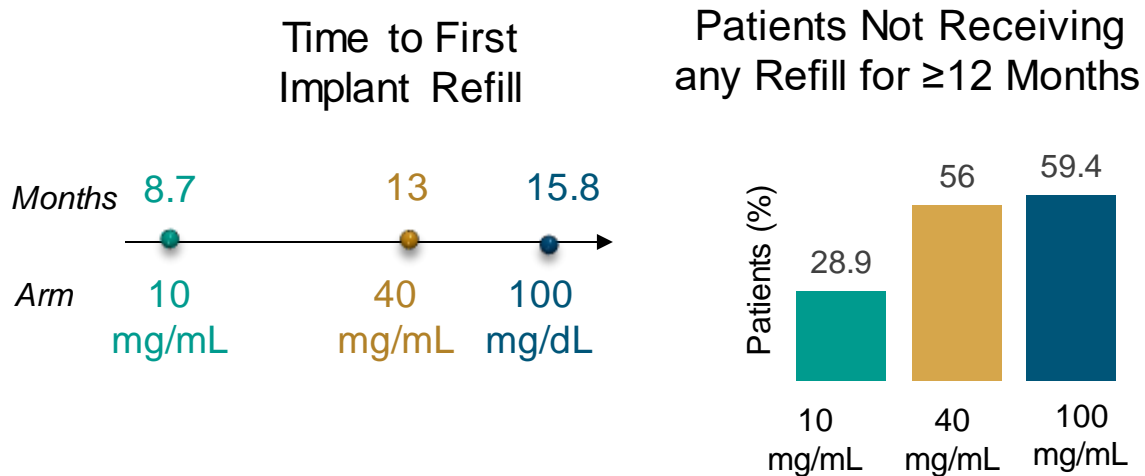
## Phase 2 Ladder Clinical Trial: End of Study Results<sup>1</sup>

Randomized, double blind, active-controlled trial

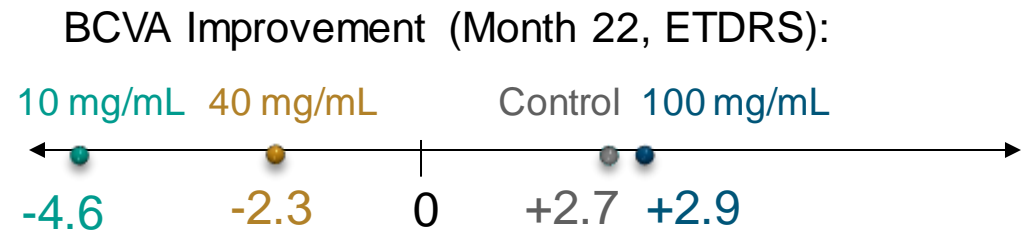
**Population:** Patients with nAMD who previously received and responded to  $\geq 2$  anti-VEGF injections

**Treatment Arms:** 10 mg/mL PDS, 40 mg/mL PDS, 100 mg/mL PDS, 0.5 mg/mL monthly intravitreal injections (control). PDS arms received **refills as needed** (PRN).

### 1 Primary Endpoint



### 2 Secondary Endpoints



#### Mean Central Foveal Thickness (CTF) Change from Baseline

At month 22, adjusted mean CFT change from baseline was similar between the 100 mg/mL and active control groups.

End-of-study results reinforce outcomes observed earlier at 9 months<sup>2</sup>

PDS: Port Delivery System. \***Voluntarily recalled** due to septum dislodgement. Current patients may continue with refills, but no new devices can be implanted. 1. Khanani AM, et al. *Ophthalmol Retina*. 2021;5(8):775-787; 2. Campochiaro PA, et al. *Ophthalmol*. 2019;126(8):1141-1154.





# Ranibizumab Refillable Implant PDS (Approved\*)

## Phase 3 Archway Trial: 2-Year Results

*Open-label, randomized, visual acuity assessor-masked noninferiority and equivalence trial*

**Population:** Patients (N=415) with nAMD who were previously treated and responded to anti-VEGF injections

**Treatment Arms:** 100 mg/mL ranibizumab PDS with **fixed 24-week refills** (q24w), 0.5 mg/mL intravitreal ranibizumab injections q4w

### 1 Primary Endpoint

Change in BCVA (ETDRS letters) score<sup>§</sup>

Weeks Averaged	Difference in Adjusted Means	(95%CI)	
44 and 48	-0.2	-1.8	+1.3
60 and 64	0.4	-1.4	+2.1
88 and 92	-0.5	-2.5	+1.3

### 2 Secondary Endpoints

*Change in BCVA score overtime and change in CPT from baseline were generally the same between the 2 treatment arms.*

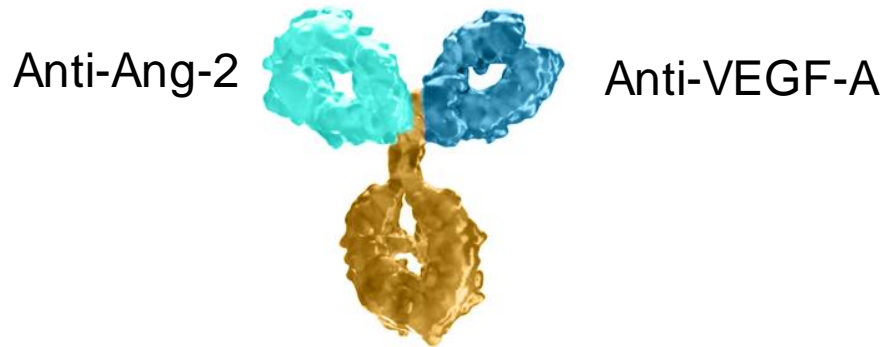
\***Voluntarily recalled**. §Noninferiority margin, -3.9 ETDRS letters; PDS: Port Delivery System

1. Holekamp NM, et al. *Ophthalmol.* 2022;129(3):295-307.
2. Regillo C, et al. *Ophthalmol.* 2023;130(7):735-747.

# Faricimab (Approved)

## Bispecific antibody targeting Ang-2 and VEGF-A

Reduces AH Ang-2 and VEGF-A levels, with Ang-2 suppression maintained through 16 weeks after dosing<sup>1</sup>



**Approved Dosing**  
1- to 4-month intervals\*

## TENAYA and LUCERNE trials (total N=1329)



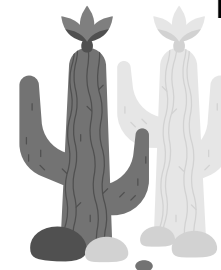
Faricimab was non-inferior to aflibercept 2Q8<sup>2</sup>

Faricimab meaningfully extended the treatment interval with sustained efficacy<sup>2</sup>

By 2-years, ~80% of patients achieved  $\geq$ Q12W dosing<sup>3</sup>



Faricimab resulted in greater CST reduction from baseline<sup>4†</sup>



Larger proportion of patients achieving absence of **SRF** and **IRF** on faricimab<sup>4†</sup>

Patients with baseline SRF and IRF, absence of SRF and IRF was achieved **faster** with faricimab and with **fewer** injections<sup>4†</sup>

AH: Aqueous humor; CST: Central subfield thickness; IRF: Intraretinal fluid; SRF: Subretinal fluid. \*Depending on patient response and evaluation, †vs. aflibercept 2q8;

1. Muni RH, et al. ASRS. July 28-Aug 1, 2023. Paper Presentation; 2. Heier JS, et al. *Lancet*. 2022;399(10326):729-740; 3. Zarbin M, et al. ASRS. July 29, 2023. Paper Presentation; 4. London NJ, et al. Paper presentation at: ASRS Annual Meeting; 28 July – 1 August 2023.

# FDA Approved Dosing Regimens

	<b>Aflibercept 2 mg</b>	<b>Aflibercept 8 mg</b>	<b>Faricimab 6 mg</b>	<b>Ranibizumab 0.5 mg</b>	<b>Ranibizumab PDS<sup>§</sup></b> <i>Voluntarily recalled*</i>
<b>Q4W</b>	Q4W for the first 3 doses	Q4W for the first 3 doses <sup>†</sup>	Q4W for the first 4 doses	Recommended regimen	
<b>Q8W</b>	An option after 3 initial Q4W doses <sup>§</sup>	An option after 3 initial Q4W doses <sup>‡</sup>	An option based on VA and OCT evaluation <sup>§</sup>		
<b>Q12W</b>	An option after 1 year of effective therapy, but <i>less effective</i> <sup>§</sup>	An option after 3 initial Q4W doses <sup>‡</sup>	An option based on VA and OCT evaluation <sup>§</sup>	An option after 4 Q4W doses, but <i>less effective</i> <sup>§</sup>	
<b>Q16W</b>		An option after 3 initial Q4W doses <sup>‡</sup>	An option based on VA and OCT evaluation <sup>§</sup>		
<b>Q24W</b>					Option after response to 2 injections of an anti-VEGF medication

\*Recall was due to septum dislodgement. Recall does not affect the 100 mg/mL vial for refill-exchange solution, refill needles, and explant tools. Existing patients can continue with refills. For more on the recall: Sharma A, et al. *Int J Retina Vitreous*. 2023;9(1):6.

<sup>§</sup>Patients may require supplemental injections based on individual evaluations. Assess patients regularly. <sup>†</sup>Interval is ±7 days. <sup>‡</sup>Interval is ±1 week.

Aflibercept [prescribing information]. <https://tinyurl.com/2p8tt7ay>; Ranibizumab [prescribing information]. <https://tinyurl.com/3k9n62x7>; Ranibizumab PDS [prescribing information]. <https://tinyurl.com/3j9ncub3>; Faricimab [prescribing information]. <https://tinyurl.com/32yztcmd>.



# Adverse Events

## Key Adverse Events Related to Anti-VEGF Therapy and Intravitreal Injections<sup>1,2,3,4</sup>

- Endophthalmitis
- Retinal detachments
- Increased IO pressure within 60 mins of injection
- Arterial thromboembolic events
  - Nonfatal stroke
  - Nonfatal myocardial infarction
  - Vascular death
- Conjunctival hemorrhage
- Eye pain
- Cataract
- Vitreous detachment
- Vitreous floaters

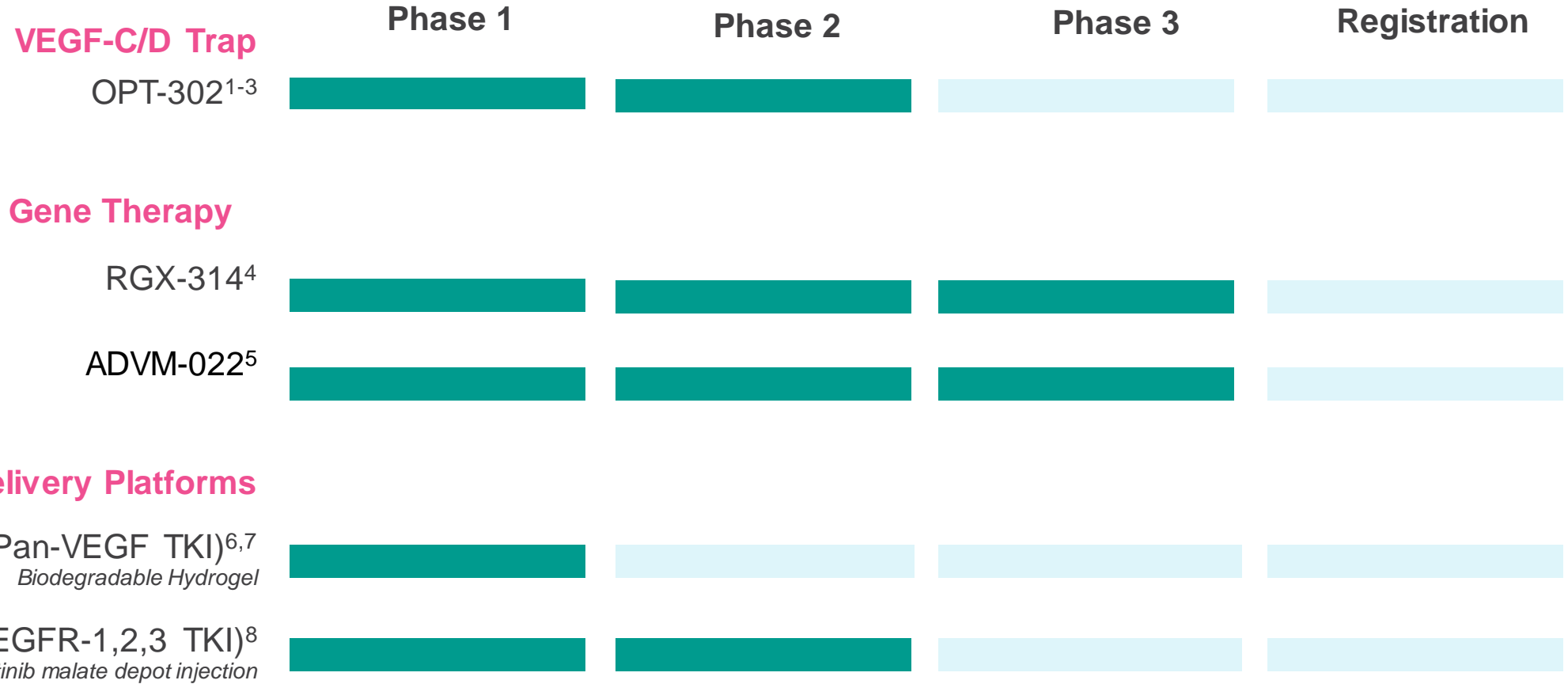
## Key Adverse Events Related to PDS Implantation and Refill Procedures<sup>5,6</sup>

- |   |                                   |
|---|-----------------------------------|
| Conjunctival retraction                                 | Hypotony                          |
| Conjunctival erosion                                    | Choroidal detachment              |
| Endophthalmitis   | Vitreous hemorrhage               |
| Implant dislocation                                     | Rhegmatogenous retinal detachment |
| Conjunctival blebs or conjunctival filtering bleb leaks | Cataract                          |
| Wound leaks   | Septum dislodgement               |

*AEs were well understood, manageable, and did not prevent achievement of optimal outcomes in most cases*

1. Schneider E. ARVO 2023. Abstract 3724-C0501; 2. Ranibizumab [prescribing information]. <https://tinyurl.com/3k9n62x7>;  
3. Faricimab [prescribing information]. <https://tinyurl.com/393vmcnk>; 4. Aflibercept [prescribing information]. <https://tinyurl.com/5dca267z>;  
5. Awh CC, et al. *Ophthalmol Retina*. 2022;6(11):1028-1043; 6. Sharma A, et al. *Int J Retina Vitreous*. 2023;9(1):6.

# Emerging Agents



1. Dugel PU, et al. *Ophthalmol Retina*. 2020;4(3):250-263; 2. Jackson TL, et al. *Ophthalmol*. 2023;130(6):588-597; 3. NCT03345082; 4. NCT04514653, NCT04704921; 5. NCT03748784, NCT05536973, NCT04645212; 6. Ciulla T, Kansara V. The Macula Society. Feb 19-22, 2020. San Diego, CA; 7. NCT03630315; 8. NCT03953079, NCT03249740.

# Thank you!

Please remember to fill out the post-test and evaluation to receive CME credit.